

APPLIED ARTS DIVISION  
School of Liberal Arts  
Winter, 2018



**COURSE OUTLINE**

**PSYC 101**

**INTRODUCTION TO PSYCHOLOGY II**

**45 HOURS  
3 CREDITS**

PREPARED BY: Dr. James McClelland

DATE: October, 2017

APPROVED BY:

DATE:

APPROVED BY ACADEMIC COUNCIL:

DATE:

RENEWED BY ACADEMIC COUNCIL:

DATE:



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## INTRODUCTION TO PSYCHOLOGY II

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**INSTRUCTOR:** R. James McClelland, Ph.D.      **OFFICE HOURS:** Monday 1:00 - 2:30  
**OFFICE LOCATION:** A2911A      **CLASSROOM:** A2206  
**E-MAIL:** jmccllelland@yukoncollege.yk.ca      **TIME:** M/W 9:00 - 10:30  
**TELEPHONE:** (867) 668-8867      **DATES:** January 3<sup>rd</sup> to April 25<sup>th</sup>

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### COURSE CALENDAR DESCRIPTION

Continues the survey of all the major content areas of psychology begun in PSYC 100. The course covers development, personality, stress and health, psychopathology, therapy, and social psychology.

### COURSE DESCRIPTION

Introductory Psychology 101 is the second half of a survey course of all of the major content areas of Psychology. Both Introductory Psychology 100 and 101 cover basic research methodology and current research in the various subject areas, and the basic knowledge and major theories of the field. Introductory Psychology 100 provided an overview of the following areas of psychology: history of psychology, research methods; biological basis of behaviour, sensation and perceptual processes; variations in consciousness, learning, human memory, and language and thought. This course, Introductory Psychology 101, continues the survey of the field with explorations of psychological assessment, motivation and emotions, human development, personality theory, stress and health, psychopathology, therapy, and social psychology.

### PREREQUISITES

None.

### EQUIVALENCY OR TRANSFERABILITY

ALEX Psyc 101 (3)	AU Psyc 290 (3)	CAMO Psyc 130 (3)
CAPU Psyc 101 (3)	KPU Psyc 1200 (3)	NIC Psy 131 (3)
OC Psyc 121 (3)		

SFU Psyc 1xx (3) ; Yuko Psyc 100 & Yuko Psyc 101 = SFU Psyc 100 3) -B-Soc &  
 SFU Psyc 102 (3) - B- Soc  
 TRU Psyc 1210 (3)                      TRU-OL Psyc 1211 (3)                      TWU Psyc 106 (3)  
 UBC PSCY 1st (3). YUKO Psyc 100 & YUKO Psyc 101 = UBC Psyc 100 (6)  
 UBCO YUKO Psyc 100 & YUKO Psyc 101 = UBCO Psyc 111 (3) & UBC Psyc 100 (6).  
 UFV Psyc 102 (3)                      UNBC Psyc 102 (3)                      UVIC Psyc 100B (1.5)  
 VIU Psyc 112 (3)                      UAF PSYC 102 (3)                      UAS PSYC 102 (3)  
 UR PSYC 101 (3)

This information refers to the current course and is taken from the BC Transfer Guide. Please consult [bctransferguide.ca](http://bctransferguide.ca) for the complete list of transferability that includes older versions of this course. This course is accepted for transfer by other institutions on a case-by-case basis. For more information about transferability please contact the School of Liberal Arts Office.

## LEARNING OUTCOMES

Upon successful completion of the course, students will be able to

- demonstrate an understanding of basic psychological terminology and explain important features of major psychological concepts and theories
- develop an understanding of basic theories and research methods in psychology
- critically analyze information about human behavior and distinguish between conclusions supported by scientific evidence and conclusions based on nonscientific ways of knowing
- demonstrate applied psychology research skills

## COURSE FORMAT

The course will consist of lectures, class discussions, debates, demonstrations, and supplementary audio-visual materials.

## COURSE REQUIREMENTS

Students are expected to attend regularly, complete all assignments, and to participate actively in class discussions. Since a large portion of the examinable material will be based on classroom information, attendance is critical. If you miss a class, please arrange with another student to take notes and to inform you of in-class experiences. Students are responsible for obtaining handouts and completing assignments for any classes missed. Class discussion is an important element in this course. Students will be responsible for the readings assigned and should be prepared to discuss these readings and share their insights in class.

All written assignment must be handed in by 1:00 pm on the due date. Should you choose to do the optional paper, your paper will be due no later than March 21<sup>st</sup>.

## ASSESSMENTS

**Attendance/Participation** 15%

Regular attendance and in class participation, including the use of i>clickers is expected. Missed classes and non-participation will result in a reduction of the mark.

**Midterm Exam** Due: February 26<sup>th</sup> 30%  
40% no paper

The mid-term is scheduled for February 26<sup>th</sup> and will be a multiple choice exam.

**Academic Paper Option** Due: March 21<sup>st</sup> 20%

You are encouraged to choose to complete a paper if you plan to continue in the social sciences and feel comfortable with your writing ability. Should you choose not to do a paper, your final grade will be the combination of the participation, midterm exam, and final exam marks. Should you decide to do the paper, your mark cannot be less than the combination of the participation, midterm exam, and final exam marks. If the mark on the paper reduces your overall grade point average, it will be excluded. If the mark on the paper increased your overall grade point average, it will be included.

You should choose a topic that is relevant to the course and if uncertain, approved beforehand by the instructor. You are expected to follow the conventions of grammar, spelling, and punctuation. Arguments and content should be logical and coherent, supported by evidence from the literature or primary sources, and should always reference the author of such works. Written assignments should be word-processed and double-spaced. You are expected to follow APA writing standards. Your paper will be due no later than March 21<sup>st</sup>.

**Final Exam** Due: Exam Week 35%  
45% no paper

The final exam will be comprehensive and take place during the regularly scheduled exam period (April 16 - 25). It will be 3 hours in duration and will contain multiple choice, short answer, and essay questions. Students must achieve a passing grade of 50% on the final examination in order to pass the course. A failed final exam will result in a failed course.

Alternate arrangements will not be made for students unable to write the final examination at the scheduled time/date unless exceptional circumstances prevail and the instructor has given approval in advance.

All evaluative components for this course are compulsory, and must be completed in order to pass the course.

## EVALUATION

Attendance/Participation	15%
Midterm Exam	30%
	40% no paper
OPTIONAL Academic Paper	20%
Final Exam	35%
	45% no paper
Total	100%

## REQUIRED TEXTBOOKS AND MATERIALS

Weiten, W., & McCann, D. (2016). Psychology: Themes and Variations, 4<sup>th</sup> Edition. Upper Saddle River, NJ: Prentice Hall.

Purchase ISBN: 9780176706494 which provides the textbook and concept chart.

## ACADEMIC AND STUDENT CONDUCT

Information on academic standing and student rights and responsibilities can be found in the current Academic Regulations that are posted on the Student Services/ Admissions & Registration web page.

## PLAGIARISM

Plagiarism is a serious academic offence. Plagiarism occurs when students present the words of someone else as their own. Plagiarism can be the deliberate use of a whole piece of another person's writing, but more frequently it occurs when students fail to acknowledge and document sources from which they have taken material. Whenever the words, research or ideas of others are directly quoted or paraphrased, they must be documented according to an accepted manuscript style (e.g., APA, CSE, MLA, etc.). Resubmitting a paper which has previously received credit is also considered plagiarism. Students who plagiarize material for assignments will receive a mark of zero (F) on the assignment and may fail the course. Plagiarism may also result in dismissal from a program of study or the College.

## YUKON FIRST NATIONS CORE COMPETENCY

Yukon College recognizes that a greater understanding and awareness of Yukon First Nations history, culture and journey towards self-determination will help to build positive relationships among all Yukon citizens. As a result, to graduate from ANY Yukon College program, you will be required to achieve core competency in knowledge of Yukon First Nations. For details, please see [www.yukoncollege.yk.ca/yfnccr](http://www.yukoncollege.yk.ca/yfnccr).

## **ACADEMIC ACCOMMODATION**

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon College Academic Regulations (available on the Yukon College website). It is the student's responsibility to seek these accommodations. If a student requires an academic accommodation, he/she should contact the Learning Assistance Centre (LAC) at (867) 668-8785 or [lassist@yukoncollege.yk.ca](mailto:lassist@yukoncollege.yk.ca).

## TOPIC OUTLINE

PSYC 101 - Winter 2018 - Syllabus      Dr. James McClelland

### January 3

- WELCOME
  - Introductions
  - Course outline and Syllabus
  - Assignments/presentation
  - Use of textbook and supplemental materials
  - Review of Psychology 100 material

### January 8

- INTELLIGENCE AND PSYCHOLOGICAL TESTING (CHAPTER 9)
  - Key concepts in psychological testing
  - The evolution of intelligence testing

### January 10

- INTELLIGENCE AND PSYCHOLOGICAL TESTING (CHAPTER 9 CONTINUED)
  - Basic questions about intelligence testing
  - Extremes of intelligence

### January 15

- INTELLIGENCE AND PSYCHOLOGICAL TESTING (CHAPTER 9 CONTINUED)
  - Heredity and environment as determinants of intelligence
  - New directions in the assessment and study of intelligence
  - Putting it in perspective

### January 17

- MOTIVATION AND EMOTION (CHAPTER 10)
  - Motivational theories and concepts
  - The motivation of hunger and eating
  - Sexual motivation and behaviour

### January 22

- MOTIVATION AND EMOTION (CHAPTER 10 CONTINUED)
  - Achievement: in search of excellence
  - The elements of emotional experience

### January 24

- MOTIVATION AND EMOTION (CHAPTER 10 CONTINUED)
  - Theories of emotion
  - Putting it in perspective

### January 29

- HUMAN DEVELOPMENT ACROSS THE LIFE SPAN (CHAPTER 11)



- Progress before birth: prenatal development
- The wondrous years of childhood

### January 31

- HUMAN DEVELOPMENT (CHAPTER 11 CONTINUED)
  - The transition of adolescence
  - The expanse of adulthood
  - Putting it in perspective

### February 5

- PERSONALITY: THEORY, RESEARCH, AND ASSESSMENT (CHAPTER 12)
  - The nature of personality

### February 7

- PERSONALITY: THEORY, RESEARCH, AND ASSESSMENT (CHAPTER 12 CONTINUED)
  - Psychodynamic perspectives
  - Behavioural perspectives

### February 12

- PERSONALITY: THEORY, RESEARCH, AND ASSESSMENT (CHAPTER 12 CONTINUED)
  - Humanistic perspectives
  - Biological perspectives

### February 14

- PERSONALITY: THEORY, RESEARCH, AND ASSESSMENT (CHAPTER 12 CONTINUED)
  - A contemporary empirical approach to personality
  - Culture and personality

### February 26

- MID TERM EXAM

### February 28

- SOCIAL BEHAVIOUR (CHAPTER 13)
  - Person perception: forming impressions of others
  - Attribution processes: explaining behaviour
  - Close relationships: linking and loving

### March 5

- SOCIAL BEHAVIOUR (CHAPTER 13 CONTINUED)
  - Attitudes: making social judgments
  - Conformity and obedience: yielding to others

### March 7

- SOCIAL BEHAVIOUR (CHAPTER 13 CONTINUED)
  - Behaviour in groups: joining with others
  - Social neuroscience
  - Putting it in perspective

### **March 12**

- STRESS, COPING, AND HEALTH (CHAPTER 14)
  - The nature of stress
  - Major types of stress
  - Responding to stress
  - The effects of stress on psychological functioning

### **March 14**

- STRESS, COPING, AND HEALTH (CHAPTER 14 CONTINUED)
  - The effects of stress on physical health
  - Factors moderating the effect of stress
  - Health-impairing behaviour
  - Reaction to illness

### **March 19**

- PSYCHOLOGICAL DISORDERS (CHAPTER 15)
  - Abnormal behaviour: myths, realities, and controversies
  - Anxiety disorders

### **March 21**

- OPTIONAL PAPER DUE (FINAL DATE FOR ACCEPTANCE MARCH 21<sup>ST</sup>)
- PSYCHOLOGICAL DISORDERS (CHAPTER 15 CONTINUED)
  - Somatoform disorders
  - Dissociative disorders
  - Mood disorders

### **March 26**

- PSYCHOLOGICAL DISORDERS (CHAPTER 15 CONTINUED)
  - Schizophrenic disorders
  - Personality disorders
  - Psychological disorders and the law
  - Culture and pathology

### **March 28**

- TREATMENT OF PSYCHOLOGICAL DISORDERS (CHAPTER 16)
  - The elements of the treatment process
  - Insight therapies

### **April 4**

- TREATMENT OF PSYCHOLOGICAL DISORDERS (CHAPTER 16 CONTINUED)
  - Behaviour therapies
  - Biomedical therapies

### **April 9**

- TREATMENT OF PSYCHOLOGICAL DISORDERS (CHAPTER 16 CONTINUED)

- Current trends and issues in treatment
- QUESTIONS, REVIEW FOR FINAL EXAM

**April 11**

- TREATMENT OF PSYCHOLOGICAL DISORDERS (CHAPTER 16 CONTINUED)
  - Institutional treatment in transition
  - Putting it in perspective
- QUESTIONS, REVIEW FOR FINAL EXAM

**April 16-25**

- EXAM PERIOD
  - PSYC 101 Exam Date and Time TBA