



**COURSE OUTLINE**

**PSYC 101Z**

**INTRODUCTION TO PSYCHOLOGY**

**45 HOURS  
3 CREDITS**

PREPARED BY: \_\_\_\_\_  
Dr. R. James McClelland, Instructor

DATE: \_\_\_\_\_

APPROVED BY:           *ALR*            
Dr. Andrew Richardson, Dean

DATE: \_\_\_\_\_

**YUKON COLLEGE**

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Course Outline prepared by Dr. R. James McClelland, October 2014.

Yukon College  
P.O. Box 2799  
Whitehorse, YT  
Y1A 5K4



APPLIED ARTS DIVISION  
Introduction to Psychology (DL)  
3 Credit Course  
Winter Semester, 2015

## INTRODUCTION TO PSYCHOLOGY

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<b>INSTRUCTOR:</b> R. James McClelland, Ph.D.	<b>OFFICE HOURS:</b> M/W 1:00 -2:30
<b>OFFICE LOCATION:</b> A2911A	<b>CLASSROOM:</b> N/A
<b>E-MAIL:</b> <a href="mailto:jmcclelland@yukoncollege.yk.ca">jmcclelland@yukoncollege.yk.ca</a>	<b>TIME:</b> N/A
<b>TELEPHONE:</b> 668-8867	<b>DATES:</b> January 5 <sup>th</sup> - April 17 <sup>th</sup>

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### COURSE CALENDAR DESCRIPTION

Continues the survey of all the major content areas of psychology begun in PSYC 100. The course covers development, personality, stress and health, psychopathology, therapy, and social psychology.

### COURSE DESCRIPTION

Introductory Psychology is a survey course of all of the major content areas of Psychology: basic research methodology and current research in the various subject areas, and the basic knowledge and major theories of the field. Psychology 100 provided an overview of the following areas of psychology: history of psychology, research methods; biological basis of behaviour, sensation and perceptual processes; variations in consciousness, learning, human memory, and language and thought. Psychology 101 continues the survey of the field with explorations of psychological assessment, motivation and emotions, human development, personality theory, stress and health, psychopathology, therapy, and social psychology.

### PREREQUISITES

None

## EQUIVALENCY OR TRANSFERABILITY

AU PSYC 290 (3)	CAMO PSYCH 130 (3)	CAPU PSYC 101 (3)
KWAN PSYC 1200 (3)	NIC PSY 131 (3)	SFU PSYC 1XX (3)
YUKO PSYC 100 & YUKO PSYC 101 = SFU PSYC 100 (3); -B-SOC & PSYC 102 (3) -B-SOC		
TRU PSYC 1210 (3)	TRU-OL PSYC 1211 (3)	TWU-OL PSYC 106 (3)
UBC PSYC 1 <sup>st</sup> (3)		
YUKO PSYC 100 & YUKO PSYC 101 = UBC PSYC 100 (6)		
YUKO PSYC 100 & YUKO PSYC 101 = UBCO PSYO 111 (3) & UBCO PSYO 121 (3)		
UFV PSYC 102 (3)	UNBC PSYC 102 (3)	UVIC PSYC 100B (1.5)
VIU PSYC 112 (3)		

## LEARNING OUTCOMES

Upon successful completion of the course, which includes timely submission of *all* assignments, students will:

- demonstrate an understanding of basic psychological terminology and explain important features of major psychological concepts and theories
- develop an understanding of basic theories and research methods in psychology
- critically analyze information about human behavior and distinguish between conclusions supported by scientific evidence and conclusions based on nonscientific ways of knowing
- demonstrate applied psychology research skills.

## COURSE FORMAT

The course will consist of the textbook, study guide, PowerPoint presentations, and supplementary materials.

## ASSESSMENTS

### Participation

Students are expected to keep up with the readings, complete all assignments in a timely fashion on the dates indicated in the syllabus, and to critically analyze the material presented in the course.

## Assignments

All written assignments must be completed and submitted by the Friday of the scheduled unit completion date except when a Friday falls on a statutory holiday. The assignment normally scheduled for a Friday falling on a statutory holiday will be due the day before the holiday, on the Thursday. There is a penalty for late assignments of 5% per day, including weekends. Only in extreme, unforeseen circumstances will a late assignment be accepted without penalty. No assignments will be accepted after April 17<sup>th</sup>.

## Examinations

There will be an exam following the completion of the first four units and another after the second four units. The multiple choice tests are scheduled for Friday, February 27<sup>th</sup> and April 17<sup>th</sup> between 3:00 p.m. and 6:00 p.m. The exam begins at 3:00 p.m. Students must make arrangements to write these exams at the scheduled time at Yukon College. Students residing outside Whitehorse should check with the Instructor or the Chair of Liberal Arts before signing up for the course if they will require alternate online test administration arrangements. Students must arrange for an appropriate proctor. The Proctor must be approved by the Chair of Liberal Arts. The arrangements for alternative online test administration must be completed by January 31, 2015.

### Critical Response Journals

Due: Friday

40%

Following each unit, the student will submit a Critical Response Journal. Each Critical Response Journal is valued at 5% for a total of 40%. Your Critical Response Journal should reflect your knowledge of the chapter concepts, identification of key ideas, evidence that you have put thought into how the chapter relates to the experiences of yourself and others, and demonstrate critical thinking. Ensure you review the Critical Response Journal Rubric.

### Two Unit Exams 60%

Due: February 27<sup>th</sup> and April 17<sup>th</sup>

Unit exams are scheduled for the Friday, February, 27<sup>th</sup> on chapters 9, 10, 11, and 12 as well as Friday, April 17<sup>th</sup> for chapters 13, 14, 15, 16. Both exams will be multiple choice format.

All evaluative components for this course are compulsory, and must be completed in order to pass the course

## EVALUATION

Assignment	Percentage
Journals	40% (or 5% each)
Exam	30%
Exam	30%

## REQUIRED TEXTBOOKS AND MATERIALS

Weiten, W., & McCann, D. (2013). *Psychology: Themes and Variations*, 3<sup>rd</sup> Edition. Upper Saddle River, NJ: Prentice Hall.

Purchase ISBN 0176545484 which provides the textbook, study guide, concept charts, and psyktrek 3.0 multimedia resource.

## PLAGIARISM

Plagiarism is a serious academic offence. Plagiarism occurs when students present the words of someone else as their own. Plagiarism can be the deliberate use of a whole piece of another person's writing, but more frequently it occurs when students fail to acknowledge and document sources from which they have taken material. Whenever the words, research or ideas of others are directly quoted or paraphrased, they must be documented according to an accepted manuscript style (e.g., APA, CSE, MLA, etc.). Resubmitting a paper which has previously received credit is also considered plagiarism. Students who plagiarize material for assignments will receive a mark of zero (F) on the assignment and may fail the course. Plagiarism may also result in dismissal from a program of study or the College.

## ACADEMIC ACCOMMODATION

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon College Academic Regulations (available on the Yukon College website). It is the student's responsibility to seek these accommodations. If a student requires an academic accommodation, he/she should contact the Learning Assistance Centre (LAC) at (867) 668-8785 or [lassist@yukoncollege.yk.ca](mailto:lassist@yukoncollege.yk.ca).

## WRITING CENTRE

All students are encouraged to make the Writing Centre a regular part of the writing process for coursework. Located in C2231 (adjacent the College Library), the Writing Centre offers half-hour writing coaching sessions to students of all writing abilities. Coaching sessions are available in person and through distance technologies (e.g., email plus Skype or phone). For further information or to book an appointment, visit

the Centre's website: [www.yukoncollege.yk.ca/student\\_info/pages/writing\\_centre](http://www.yukoncollege.yk.ca/student_info/pages/writing_centre).

## TOPIC OUTLINE

PSYC 101 (DL) - Fall 2015 - Syllabus

Dr. R. James McClelland

Note:

- All scheduled readings must be done ahead of time.

### January through January 16

- WELCOME
  - Read through course outline and syllabus
  - Review assignments/presentation
  - Look through textbook and supplemental materials
  - Review Introduction PowerPoint presentation
- INTELLIGENCE AND PSYCHOLOGICAL TESTING (CHAPTER 9)
  - Key concepts in psychological testing
  - The evolution of intelligence testing
  - Basic questions about intelligence testing
  - Extremes of intelligence
  - Heredity and environment as determinants of intelligence
  - New directions in the assessment and study of intelligence
  - Putting it in perspective
  - Review Chapter 9 PowerPoint presentation
- RESPONSE JOURNAL CHAPTER 9 (JANUARY 16)

### January 19 through January 30

- MOTIVATION AND EMOTION (CHAPTER 10)
  - Motivational theories and concepts
  - The motivation of hunger and eating
  - Sexual motivation and behaviour
  - Achievement: in search of excellence
  - The elements of emotional experience
  - Theories of emotion
  - Putting it in perspective
  - Review Chapter 10 PowerPoint presentation
- RESPONSE JOURNAL CHAPTER 10 (JANUARY 30)

### February 2 through February 13

- HUMAN DEVELOPMENT ACROSS THE LIFE SPAN (CHAPTER 11)
  - Progress before birth: prenatal development
  - The wondrous years of childhood

- The transition of adolescence
- The expanse of adulthood
- Putting it in perspective
- Review Chapter 11 PowerPoint presentation
- RESPONSE JOURNAL CHAPTER 11(FEBRUARY 13)

### **February 16 through February 27**

- PERSONALITY: THEORY, RESEARCH, AND ASSESSMENT (CHAPTER 12)
  - The nature of personality
  - Psychodynamic perspectives
  - Behavioural perspectives
  - Humanistic perspectives
  - Biological perspectives
  - A contemporary empirical approach to personality
  - Culture and personality
  - Review Chapter 12 PowerPoint presentation
- RESPONSE JOURNAL CHAPTER 12 (FEBRUARY 27)
- **MID TERM EXAM (FEBRUARY 27 AT THE COLLEGE)**

### **March 2 through March 13**

- STRESS, COPING, AND HEALTH (CHAPTER 13)
  - The nature of stress
  - Major types of stress
  - Responding to stress
  - The effects of stress on psychological functioning
  - The effects of stress on physical health
  - Factors moderating the effect of stress
  - Health-impairing behaviour
  - Reaction to illness
  - Review Chapter 13 PowerPoint presentation
- RESPONSE JOURNAL CHAPTER 13 (MARCH 13)

### **March 16 through March 27**

- PSYCHOLOGICAL DISORDERS (CHAPTER 14)
  - Abnormal behaviour: myths, realities, and controversies
  - Anxiety disorders
  - Somatoform disorders
  - Dissociative disorders
  - Mood disorders

- Schizophrenic disorders
- Personality disorders
- Psychological disorders and the law
- Culture and pathology
- Review Chapter 14 PowerPoint presentation
- RESPONSE JOURNAL CHAPTER 14 (MARCH 27)

### **March 30 through April 10**

- TREATMENT OF PSYCHOLOGICAL DISORDERS (CHAPTER 15)
  - The elements of the treatment process
  - Insight therapies
  - Behaviour therapies
  - Biomedical therapies
  - Current trends and issues in treatment
  - Institutional treatment in transition
  - Putting it in perspective
  - Review Chapter 14 PowerPoint presentation
- RESPONSE JOURNAL CHAPTER 15 (APRIL 10)

### **April 13 through April 17**

- SOCIAL BEHAVIOUR (CHAPTER 16)
  - Person perception: forming impressions of others
  - Attribution processes: explaining behaviour
  - Close relationships: linking and loving
- RESPONSE JOURNAL CHAPTER 15 (APRIL 17)
- FINAL EXAM (APRIL 17)
- END OF COURSE (NO ASSIGNMENTS ARE ACCEPTED AFTER APRIL 17<sup>TH</sup>)