

APPLIED ARTS DIVISION
School of Liberal Arts
Winter, 2016



COURSE OUTLINE

PSYC 101

INTRODUCTION TO PSYCHOLOGY

**45 HOURS
3 CREDITS**

PREPARED BY: Dr. James McClelland

DATE: 30 November, 2015

APPROVED BY:

DATE:

APPROVED BY ACADEMIC COUNCIL:

DATE:

RENEWED BY ACADEMIC COUNCIL:

DATE:



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INTRODUCTION TO PSYCHOLOGY II

INSTRUCTOR: James McClelland, Ph.D.	OFFICE HOURS: M/W 2:30 - 3:30 p.m.
OFFICE LOCATION: A2911A	CLASSROOM: A2402
E-MAIL: jmccllelland@yukoncollege.yk.ca	TIME: 1:00 - 2:30 p.m.
TELEPHONE: (867) 668-8867	DATES: 6 January to 27 April, Mondays and Wednesdays

COURSE DESCRIPTION

Introductory Psychology 101 is the second half of a survey course of all of the major content areas of Psychology. Both Introductory Psychology 100 and 101 cover basic research methodology and current research in the various subject areas, and the basic knowledge and major theories of the field. Introductory Psychology 100 provided an overview of the following areas of psychology: history of psychology, research methods; biological basis of behaviour, sensation and perceptual processes; variations in consciousness, learning, human memory, and language and thought. This course, Introductory Psychology 101, continues the survey of the field with explorations of psychological assessment, motivation and emotions, human development, personality theory, stress and health, psychopathology, therapy, and social psychology.

PREREQUISITES

None.

EQUIVALENCY OR TRANSFERABILITY

ALEX PSYC 101 (3)	AU PSYC 290 (3)	CAM PSYC 130 (3)
CAMO PSYC 130 (3)	CAPU PSYC 101 (3)	KPU PSYC 1200 (3)
NIC PSY 131 (3)		
SFU PSYC 1xx (3); YUKO PSYC 100 & YUKO PSYC 101 = SFU PSYC 100 (3) - B-Soc & SFU PSYC 102	TRU PSYC 1210 (3)	TWU PSYC 106 (3)
UBC PSYC 1 st (3). YUKO PSYC 100 & PSYC 101 = UBC PSYC 100 (6)		
UBCO YUKO PSYC 100 & YUKO PSYC 101 = UBCO PSYO 111 (3) & UBCO PSYO 121 (3)		

UFV PSYC 102 (3)
VIU PSYC 112 (3)
UR PSYC 100 (3)

UNBC PSYC 102 (3)
UAF PSYC 101 (3)

UVIC PSYC 100B (1.5)
UAS PSYC 101 (3)

This information refers to the current course and is taken from the BC Transfer Guide. Please consult bctransferguide.ca for the complete list of transferability that includes older versions of this course. This course is accepted for transfer by other institutions on a case-by-case basis. For more information about transferability please contact the Liberal Arts Office.

LEARNING OUTCOMES

Upon successful completion of the course, students will be able to

- demonstrate an understanding of basic psychological terminology and explain important features of major psychological concepts and theories
- develop an understanding of basic theories and research methods in psychology
- critically analyze information about human behavior and distinguish between conclusions supported by scientific evidence and conclusions based on nonscientific ways of knowing
- demonstrate applied psychology research skills

COURSE FORMAT:

The course will consist of lectures, class discussions, debates, demonstrations, and supplementary audio-visual materials.

COURSE REQUIREMENTS

Students are expected to attend regularly, complete all assignments, and to participate actively in class discussions. Since a large portion of the examinable material will be based on classroom information, attendance is critical. If you miss a class, please arrange with another student to take notes and to inform you of in-class experiences. Students are responsible for obtaining handouts and completing assignments for any classes missed. Class discussion is an important element in this course. Students will be responsible for the readings assigned and should be prepared to discuss these readings and share their insights in class.

All written assignment must be handed in by 1:00 pm on the due date. There is a penalty for late assignments of 10% per day, including weekends. Only in extreme, unforeseen circumstances will a late assignment be accepted without penalty.

ASSESSMENTS

Attendance/Participation 15%

Regular attendance and in class participation, including the use of i>clickers is expected. Missed classes and non-participation will result in a reduction of the mark.

Midterm Exam Due: February 29th 30%
40% no paper

The mid-term is scheduled for February 29th and will be a multiple choice exam.

Academic Paper Option Due: March 21st 20%

You are encouraged to choose to complete a paper if you plan to continue in the social sciences and feel comfortable with your writing ability. Should you choose not to do a paper, your final grade will be the combination of the participation, midterm exam, and final exam marks. Should you decide to do the paper, your mark cannot be less than the combination of the participation, midterm exam, and final exam marks. If the mark on the paper reduces your overall grade point average, it will be excluded. If the mark on the paper increased your overall grade point average, it will be included.

You should choose a topic that is relevant to the course and if uncertain, approved beforehand by the instructor. You are expected to follow the conventions of grammar, spelling, and punctuation. Arguments and content should be logical and coherent, supported by evidence from the literature or primary sources, and should always reference the author of such works. Written assignments should be word-processed and double-spaced. You are expected to follow APA writing standards. Your paper will be due no later than March 21st.

Final Exam Due: Exam Week 35%
45% no paper

The final exam will be comprehensive and take place during the regularly scheduled exam period (April 13 - 27). It will be 3 hours in duration and will contain multiple choice, short answer, and essay questions. Students must achieve a passing grade of 50% on the final examination in order to pass the course. A failed final exam will result in a failed course.

Alternate arrangements will not be made for students unable to write the final examination at the scheduled time/date unless exceptional circumstances prevail and the instructor has given approval in advance.

All evaluative components for this course are compulsory, and must be completed in order to pass the course.

EVALUATION

Attendance/Participation	15%
Midterm Exam	30% 40% no paper
OPTIONAL Academic Paper	20%
Final Exam	35% 45% no paper
Total	100%

REQUIRED TEXTBOOKS AND MATERIALS

Weiten, W., & McCann, D. (2013). *Psychology: Themes and Variations*, 3rd Edition. Upper Saddle River, NJ: Prentice Hall.

Purchase ISBN 0176545484 which provides the textbook, study guide, concept charts, and psyktrek 3.0 multimedia resource.

ACADEMIC AND STUDENT CONDUCT

Information on academic standing and student rights and responsibilities can be found in the Academic Regulations:

http://www.yukoncollege.yk.ca//downloads/Yukon_College_Academic_Regulations_and_Procedures_-_August_2013_final_v1.pdf

PLAGIARISM

Plagiarism is a serious academic offence. Plagiarism occurs when students present the words of someone else as their own. Plagiarism can be the deliberate use of a whole piece of another person's writing, but more frequently it occurs when students fail to acknowledge and document sources from which they have taken material. Whenever the words, research or ideas of others are directly quoted or paraphrased, they must be documented according to an accepted manuscript style (e.g., APA, CSE, MLA, etc.). Resubmitting a paper which has previously received credit is also considered plagiarism. Students who plagiarize material for assignments will receive a mark of zero (F) on the assignment and may fail the course. Plagiarism may also result in dismissal from a program of study or the College.

YUKON FIRST NATIONS CORE COMPETENCY

Yukon College recognizes that a greater understanding and awareness of Yukon First Nations history, culture and journey towards self-determination will help to build positive relationships among all Yukon citizens. As a result, to graduate from ANY Yukon College program, you will be required to achieve core

competency in knowledge of Yukon First Nations. For details, please see www.yukoncollege.yk.ca/yfnccr.

ACADEMIC ACCOMMODATION

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon College Academic Regulations (available on the Yukon College website). It is the student's responsibility to seek these accommodations. If a student requires an academic accommodation, he/she should contact the Learning Assistance Centre (LAC) at (867) 668-8785 or lassist@yukoncollege.yk.ca.

LORENE ROBERTSON WRITING CENTRE

All students are encouraged to make the Lorene Robertson Writing Centre a regular part of the writing process for coursework. Located in C2231 (adjacent the College Library), the Writing Centre offers half-hour writing coaching sessions to students of all writing abilities. Coaching sessions are available in person and through distance technologies (e.g., email plus Fuze, Skype or phone). For further information or to book an appointment, visit the Centre's website: yukoncollege.yk.ca/student_info/pages/writing_centre

TOPIC OUTLINE

PSYC 101 - Winter 2016 - Syllabus Dr. James McClelland

January 6

- WELCOME
 - Introductions
 - Course outline and Syllabus
 - Assignments/presentation
 - Use of textbook and supplemental materials
 - Review of Psychology 100 material

January 11

- INTELLIGENCE AND PSYCHOLOGICAL TESTING (CHAPTER 9)
 - Key concepts in psychological testing
 - The evolution of intelligence testing

January 13

- INTELLIGENCE AND PSYCHOLOGICAL TESTING (CHAPTER 9 CONTINUED)
 - Basic questions about intelligence testing

- Extremes of intelligence

January 18

- INTELLIGENCE AND PSYCHOLOGICAL TESTING (CHAPTER 9 CONTINUED)
 - Heredity and environment as determinants of intelligence
 - New directions in the assessment and study of intelligence
 - Putting it in perspective

January 20

- MOTIVATION AND EMOTION (CHAPTER 10)
 - Motivational theories and concepts
 - The motivation of hunger and eating
 - Sexual motivation and behaviour

January 25

- MOTIVATION AND EMOTION (CHAPTER 10 CONTINUED)
 - Achievement: in search of excellence
 - The elements of emotional experience

January 27

- MOTIVATION AND EMOTION (CHAPTER 10 CONTINUED)
 - Theories of emotion
 - Putting it in perspective

February 1

- HUMAN DEVELOPMENT ACROSS THE LIFE SPAN (CHAPTER 11)
 - Progress before birth: prenatal development
 - The wondrous years of childhood

February 3

- HUMAN DEVELOPMENT (CHAPTER 11 CONTINUED)
 - The transition of adolescence
 - The expanse of adulthood
 - Putting it in perspective

February 8

- PERSONALITY: THEORY, RESEARCH, AND ASSESSMENT (CHAPTER 12)
 - The nature of personality

February 10

- PERSONALITY: THEORY, RESEARCH, AND ASSESSMENT (CHAPTER 12 CONTINUED)
 - Psychodynamic perspectives
 - Behavioural perspectives
 - Humanistic perspectives
 - Biological perspectives

February 15

- PERSONALITY: THEORY, RESEARCH, AND ASSESSMENT (CHAPTER 12 CONTINUED)

- A contemporary empirical approach to personality
- Culture and personality

February 17

- CHAPTER CATCH-UP
- RECAP AND REVIEW FOR MID TERM TEST

February 29

- MID TERM EXAM

March 2

- STRESS, COPING, AND HEALTH (CHAPTER 13)
 - The nature of stress
 - Major types of stress
 - Responding to stress
 - The effects of stress on psychological functioning

March 7

- STRESS, COPING, AND HEALTH (CHAPTER 13 CONTINUED)
 - The effects of stress on physical health
 - Factors moderating the effect of stress
 - Health-impairing behaviour
 - Reaction to illness

March 9

- PSYCHOLOGICAL DISORDERS (CHAPTER 14)
 - Abnormal behaviour: myths, realities, and controversies
 - Anxiety disorders

March 14

- PSYCHOLOGICAL DISORDERS (CHAPTER 14 CONTINUED)
 - Somatoform disorders
 - Dissociative disorders
 - Mood disorders

March 17

- PSYCHOLOGICAL DISORDERS (CHAPTER 14 CONTINUED)
 - Schizophrenic disorders
 - Personality disorders
 - Psychological disorders and the law
 - Culture and pathology

March 21

- OPTIONAL PAPER DUE (FINAL DATE FOR ACCEPTANCE MARCH 21ST)
- TREATMENT OF PSYCHOLOGICAL DISORDERS (CHAPTER 15)
 - The elements of the treatment process

- Insight therapies

March 23

- TREATMENT OF PSYCHOLOGICAL DISORDERS (CHAPTER 15 CONTINUED)
 - Behaviour therapies
 - Biomedical therapies

March 30

- TREATMENT OF PSYCHOLOGICAL DISORDERS (CHAPTER 15 CONTINUED)
 - Current trends and issues in treatment
 - Institutional treatment in transition
 - Putting it in perspective

April 4

- SOCIAL BEHAVIOUR (CHAPTER 16)
 - Person perception: forming impressions of others
 - Attribution processes: explaining behaviour
 - Close relationships: linking and loving

April 6

- SOCIAL BEHAVIOUR (CHAPTER 16 CONTINUED)
 - Attitudes: making social judgments
 - Conformity and obedience: yielding to others

April 11

- SOCIAL BEHAVIOUR (CHAPTER 16 CONTINUED)
 - Behaviour in groups: joining with others
 - Social neuroscience
 - Putting it in perspective
- QUESTIONS, REVIEW FOR FINAL EXAM

April 13-27

- EXAM PERIOD
 - PSYC 101 Exam Date and Time TBA