

School of Social Sciences & Humanities



PSYC101
Introduction to Psychology II
Winter, 2026

3 Credits

Course Outline

INSTRUCTOR	Dr. Andy Roebuck (PhD)	OFFICE HOURS	Tuesdays 10:30 am-12:00 pm or by appointment In Person: Room A2003 Zoom ID: 830 544 5427
OFFICE	A2003	CLASSROOM	Ayamdigut A2206 Zoom ID: 830 544 5427
E-MAIL	aroebuck@yukonu.ca	CLASS TIME	Tuesday & Thursday 9:00 am - 10:20 am
TELEPHONE	n/a	CRN	20206, 20207
Liberal Arts office: Ayamdigut Campus A2501, liberalarts@yukonu.ca, 867-668-8770			

COURSE DESCRIPTION

Introductory Psychology is a survey course of the major content areas of Psychology. This course covers basic research methodology, current research in the various subject areas, and the basic knowledge and major theories of the field.

The following topics will be covered in Psychology 100: The History of Psychology, Psychological Research, Biopsychology, Consciousness, Sensation and Perception, Learning, Cognition, and Memory. Psychology 101 continues the survey of the field with explorations of Developmental Psychology, Emotion, Personality, Social and Group Psychology, Psychological Disorders, and Therapy and Treatment.

Together, PSYC100 and PSYC101 provide students with a foundational understanding of Psychology, preparing them for more focused courses in the future.

COURSE REQUIREMENTS

Prerequisite(s): None

EQUIVALENCY OR TRANSFERABILITY

AU PSYC 290 (3)	CAMO PSYC 130 (3)	CAPU PSYC 101 (3)	KWAN PSYC 1200 (3)
NIC PSY 131 (3)	OC PSYC 121 (3)	TRU PSYC 1210 (3)	TRU-OL PSYC 1211 (3)
TWU PSYC 106 (3)	UFV PSYC 102 (3)	UNBC PSYC 102 (3)	UVIC PSYC 100 B (1.5)
VIU PSYC 112 (3)	UAF PSYC 102 (3)	UAS PSYC 102 (3)	UR PSYC 101 (3)
UBC PSYC 1st (3)	YUKO PSYC 100 & YUKO PSYC 101 = UBC PSYC 100 (6).		

UBCO YUKO PSYC 100 & YUKO PSYC 101 = UBCO PSYO 111 (3) & UBCO PSYO 121 (3)

Students are reminded that it is always the receiving institution that determines whether a course is acceptable as an applicable, equivalent course or if it may be transferred to their program for credit.

Find further information at: <https://www.yukonu.ca/admissions/transfer-credit> and <https://www.bctransferguide.ca>

LEARNING OUTCOMES

Upon successful completion of the course, which includes timely submission of all assignments, students will:

- Demonstrate an understanding of basic psychological terminology and explain important features of major psychological concepts and theories
- Develop an understanding of basic theories and research methods in psychology
- Critically analyze information about human behaviour and distinguish between conclusions supported by scientific evidence and conclusions based on nonscientific ways of knowing
- Demonstrate applied psychology analysis and evaluative research skills.

COURSE FORMAT

Delivery format

This course is being taught as a HyFlex course using a variety of materials, activities, and technical solutions. HyFlex courses are delivered both in-person and online at the same time by the same faculty member. Students can then choose for each class meeting whether to show up for class in person or to join it online. The underlying design ethos behind the HyFlex Model is flexibility and student choice. All students will still need to visit the course Moodle site regularly and participate in online activities and discussions as assigned and scheduled. All examinations will be held **in-person at the Ayamdigut**

Campus during scheduled times (see timetable below). Students are expected to attend classes (either in person or over Zoom) every **Tuesday & Thursday from 9:00 am - 10:20 am**. The classroom is **A2206 at the Ayamdigut** campus in Whitehorse. The Zoom meetings are all held in Room: **830 544 5427**.

The class will proceed on a timetable (see below) with set assignments and due dates. **This is not a self-paced course.**

EVALUATION

Attendance and Participation	5%
Chapter Assignments	35%
Midterm Exam: Chapters 9-12	25%
Final Exam: 1/3 Chapters 9-12 2/3 Chapters 13-16	40%
Total	100%

Attendance and Participation – 5%

Regular attendance and completion of course work is expected. Attendance and participation are worth 5% of the total course grade. Classes are scheduled for **Tuesday's & Thursday's from 9:00-10:20 am**, attendance via Zoom or in-person are treated the same. Attending 80% or more of classes over the course will be considered "perfect attendance". Should a student attend fewer sessions, the attendance mark will be prorated.

If you will be unable to regularly attend/engage with classes for any reason (e.g., bandwidth/computer issues, work/family commitments, illness), please contact the instructor directly (aroebuck@yukonu.ca) to have the attendance mark shifted to the final exam. This option will be available to ALL students up until the date of the final exam.

NOTE: Exams will be held in-person during class time and ALL students will be expected to participate in these assessments. Please make a note of these dates and times now!

Module Assignments – 30%

In this class you will be expected to submit a short assignment at the end of each Module (8 in total). Textbook readings will need to be completed independently as classes are designed to cover the most important material in each section. Module assignments will reinforce core concepts in this course and help you prepare for the exams. The module assignments should take around one hour to complete provided you have done the readings.

Assignments will include some multiple-choice questions (similar to what you will see on the midterms), fill in the blank, matching, and VERY short answer questions (1-3 lines). Short answer questions are not an assessment of your writing skill and point form is fine as long as I can understand it. All written answers should be your own work (e.g., not copied/pasted from a website, AI tool, or the course notes). The use of generative AI to write out/answer questions is **not** permitted (though you may use it to help understand material) and will result in a grade of zero. All information needed for the assignments can be found in www.yukonu.ca

the lecture notes, textbook, and/or assigned readings. Assignments will be available AT LEAST ONE WEEK before they are due, and they will generally be due on Sundays @ 11:59 pm.

Some very important points for assignments:

- Life happens, everyone gets 1 free extension, you DO NOT need to e-mail me, just submit it before the next assignment is due and there will be no penalty.
- Any additional late assignments will be assessed a flat penalty of 20%.
- Assignments 1-4 will **not** be accepted after the midterm exam.
- Lastly, if you complete all 8 assignments, late or otherwise, I will drop the mark of your lowest assignment. The point of these assignments is to encourage you to read and engage with the material, not to punish you when life/school gets stressful and busy.

Midterm Exam – 25%

During this course there will be one midterm exam worth 25% of your final grade. The midterm exam will be held **in-person at the Ayamdigut Campus on March 3 from 9:00-10:20 am**. The midterm exam will cover Chapters 9-12. The midterm consists of 60 marks from multiple choice, matching, and fill in the blank questions. Students will have 80 minutes to complete the assessment. Additional details regarding the midterm will be discussed in class.

Final Exam – 40%

The final exam for PSYC101 is scheduled for **April 23 from 9:00 am – 12:00 noon**. The final exam will be held **in-person at the Ayamdigut Campus**. The final exam will be identical in format to the midterm exam except that it is 100 marks. Students will have 180 minutes to complete the assessment. The final exam will be comprehensive, with 1/3 of questions coming from Chapters 9-12 and 2/3 of questions from Chapters 13-16. Additional details regarding the final exam will be discussed in class.

TEXTBOOKS & LEARNING MATERIALS

For Introductory Psychology (PSYC 100 and PSYC101) we will be using the open textbook: OpenStax Psychology 2e. You can download the textbook and find additional information here: <https://openstax.org/details/books/psychology-2e>. An open textbook is a textbook licensed under an open copyright license. It is available online and can be freely used by students, teachers, and members of the public. Additional information about how to access your textbook can be found on the course site.

Additional materials and assignments will be posted to the course site. We will review these materials on the first day of classes.

COURSE WITHDRAWAL INFORMATION

Students may officially withdraw from a course or program without academic penalty up until two-thirds of the course contact hours have been completed. Specific withdrawal dates vary, and students should become familiar with the withdrawal dates of their program. See withdrawal information at www.yukonu.ca/admissions/money-matters

www.yukonu.ca

Refer to the YukonU website for important dates: www.yukonu.ca/admissions/important-dates

Refunds may be available. See the Refund policy and procedures at www.yukonu.ca/admissions/money-matters

ACADEMIC INTEGRITY

Students are expected to contribute toward a positive and supportive environment and are required to conduct themselves in a responsible manner. Academic misconduct includes all forms of academic dishonesty such as cheating, plagiarism, fabrication, fraud, deceit, using the work of others without their permission, aiding other students in committing academic offences, misrepresenting academic assignments prepared by others as one's own, or any other forms of academic dishonesty including falsification of any information on any Yukon University document. Please refer to Academic Regulations & Procedures (updated bi-annually) for further details about academic standing, and student rights and responsibilities: www.yukonu.ca/policies/academic-regulations

ACADEMIC ACCOMMODATION

Yukon University is committed to providing a positive, supportive, and barrier-free academic environment for all its students. Students experiencing barriers to full participation due to a visible or hidden disability (including hearing, vision, mobility, learning disability, mental health, chronic or temporary medical condition), should contact Accessibility Services for resources or to arrange academic accommodations: access@yukonu.ca.

TOPIC OUTLINE

Course: Jan 6 – April 25	PSYC 101 – Introduction to Psychology II
Module 0: Course Outline Jan 6 – Jan 10	<p>Topic: <i>Course Outline</i> To Do: Course Outline; Download textbook; Check out Moodle; Read Chapter 1; Review introductory material; Add exam dates to your calendar.</p> <p>Classes: Jan 6, 9:00 -10:20 am No Assignments or Exams</p>
Module 1: Lifespan Development Jan 8 – Jan 24	<p>Topic: <i>Lifespan Development</i> To Do: Read Chapter 9; Complete Assignment #1.</p> <p>Classes: Jan 8; Jan 13, Jan 15, Jan 20, 9:00 -10:20 am Note: Class on Jan 20 and Jan 22 will be Zoom Only Assignment #1 Due Sunday Jan 25 – Lifespan Development</p>
Module 2: Emotion and Motivation Jan 18 – Jan 31	<p>Topic: <i>Emotion and Motivation</i> To Do: Read Chapter 10; Complete Assignment #2.</p> <p>Classes: Jan 20, Jan 22, Jan 27, Jan 29, 9:00-10:20 am Note: Class on Jan 20 and Jan 22 will be Zoom Only Assignment #2 Due Sunday Feb 1 – Emotion and Motivation</p>
	Continued Below

Module 3: Personality Feb 1 – Feb 14	<p>Topic: <i>Personality</i> To Do: Read Chapter 11; Complete Assignment #3.</p> <p>Classes: Feb 3, Feb 5, Feb 10, Feb 12, 9:00-10:20 am Assignment #3 Due Sunday Feb 15 – Personality</p>
Module 4: Social Psychology Feb 8 – Feb 28	<p>Topic: <i>Social Psychology</i> To Do: Read Chapter 12; Complete Assignment #4; Study for your midterm exam (After Reading Week, Mar 6).</p> <p>Classes: Feb 12, Feb 17, Feb 19, Feb 24, 9:00-10:20 am Assignment #4 Due Sunday Mar 1 – Social Psychology</p>
Midterm Exam: Mar 3, 9:00-10:20 am	<p>Topic: <i>Midterm Exam</i> To Do: Midterm Exam; Treat yourself to something nice</p> <p>Classes: Midterm Exam Mar 3 Midterm Exam (Chapters 9-12): Ayamdigut A2206, 9:00-10:20 am</p>
Module 5: IO Psychology Feb 22 – Mar 7	<p>Topic: <i>Industrial-Organizational Psychology</i> To Do: Read Chapter 13; Complete Assignment #5</p> <p>Classes: Feb 26, Mar 5, 9:00-10:20 am Assignment #5 Due Sunday Mar 15 – IO Psychology</p>
Reading Week: Mar 6 – Mar 16	No class this week
Module 6: Stress Mar 15 – Mar 28	<p>Topic: <i>Stress, Lifestyle and Health</i> To Do: Read Chapter 14; Complete Assignment #6</p> <p>Classes: Mar 17, Mar 19, Mar 24, Mar 26, 9:00-10:20 am Assignment #6 Due Sunday Mar 29 – Stress</p>
Module 7: Psychological Disorders March 22 – Apr 11	<p>Topic: <i>Psychological Disorders</i> To Do: Read Chapter 15</p> <p>Classes: Mar 26, Mar 31, Apr 2, Apr 7, Apr 9, 9:00-10:20 am Assignment #7 Due Sunday Apr 12 – Psychological Disorders</p>
Module 8: Therapy and Treatment Mar 30 – April 12	<p>Topic: <i>Therapy and Treatment</i> To Do: Read Chapter 16</p> <p>Classes: Apr 9, Apr 14, Apr 16, 9:00-10:20 am Assignment #8 Due Sunday Apr 19 – Therapy and Treatment</p>
Final Exam April 23 9:00 am - 12:00 noon	<p>Final Exam April 23, 9:00 am – 12:00 noon 1/3 of questions from Chapters 9-12, 2/3 from Chapters 13-16</p>