



Applied Arts

PSYC100
Introduction to Psychology I
Fall, 2026

3 Credits

Course Outline

INSTRUCTOR	Dr. Andy Roebuck (PhD)	OFFICE HOURS	Tuesdays 10:30 am-12:00 pm or online by appointment In Person: Room A2003 Zoom ID: 830 544 5427
OFFICE	A2003	CLASSROOM	Ayamdigut A2206 Zoom ID: 830 544 5427
E-MAIL	aroebuck@yukonu.ca	CLASS TIME	Tuesday & Thursday 9:00 am - 10:20 am
TELEPHONE	n/a	CRN	10087, 10259
Liberal Arts office: Ayamdigut Campus A2501, liberalarts@yukonu.ca, 867-668-8770			

COURSE DESCRIPTION

Introductory Psychology is a survey course of the major content areas of Psychology. This course covers basic research methodology, current research in the various subject areas, and the basic knowledge and major theories of the field.

The following topics will be covered in Psychology 100: The History of Psychology, Psychological Research, Biopsychology, Consciousness, Sensation and Perception, Learning, Cognition, and Memory. Psychology 101 continues the survey of the field with explorations of Developmental Psychology, Emotion, Personality, Social and Group Psychology, Psychological Disorders, and Therapy and Treatment.

Together, PSYC100 and PSYC101 provide students with a foundational understanding of Psychology, preparing them for more focused courses in the future.

COURSE REQUIREMENTS

Prerequisite(s): None

EQUIVALENCY OR TRANSFERABILITY

AU PSYC 289 (3)	CAMO PSYC 110 (3)	CAPU PSYC 100 (3)	KWAN PSYC 1100 (3)
NIC PSY 130 (3)	OC PSYC 111 (3)	TRU PSYC 1110 (3)	TRU-OL PSYC 1111 (3)
TWU PSYC 105 (3)	UFV PSYC 101 (3)	UNBC PSYC 101 (3)	UVIC PSYC 100 A (1.5)
VIU PSYC 111 (3)	UAF PSYC 101 (3)	UAS PSYC 101 (3)	UR PSYC 101 (3)
UBC PSYC 1st (3)	YUKO PSYC 100 & YUKO PSYC 101 = UBC PSYC 100 (6).		

UBCO YUKO PSYC 100 & YUKO PSYC 101 = UBCO PSYO 111 (3) & UBCO PSYO 121 (3)

Students are reminded that it is always the receiving institution that determines whether a course is acceptable as an applicable, equivalent course or if it may be transferred to their program for credit.

Find further information at: <https://www.yukonu.ca/admissions/transfer-credit> and <https://www.bctransferguide.ca>

LEARNING OUTCOMES

Upon successful completion of the course, which includes timely submission of all assignments, students will:

- Demonstrate an understanding of basic psychological terminology and explain important features of major psychological concepts and theories
- Develop an understanding of basic theories and research methods in psychology
- Critically analyze information about human behaviour and distinguish between conclusions supported by scientific evidence and conclusions based on nonscientific ways of knowing
- Demonstrate applied psychology analysis and evaluative research skills.

COURSE FORMAT

Delivery format

This course is being taught as a HyFlex course using a variety of materials, activities, and technical solutions. HyFlex courses are delivered both in-person and online at the same time by the same faculty member. Students can then choose for each class meeting whether to show up for class in person or to join it online. The underlying design ethos behind the HyFlex Model is flexibility and student choice. All students will still need to visit the course Moodle site regularly and participate in online activities and discussions as assigned and scheduled. **All examinations will be held in-person at the Ayamdigut**

Campus during scheduled times (see timetable below). Students are expected to attend classes (either in person or over Zoom) every **Tuesday & Thursday from 9:00 am - 10:20 am**. The classroom is **A2206 at the Ayamdigut** campus in Whitehorse. The Zoom meetings are all held in Room: **830 544 5427**.

The class will proceed on a timetable (see below) with set assignments and due dates. **This is not a self-paced course.**

EVALUATION

Attendance and Participation	5%
Module Assignments	30%
Midterm Exam: Chapters 1-5	25%
Final Exam: 1/3 Chapters 1-5 2/3 Chapters 6-10	40%
Total	100%

Attendance and Participation – 5%

Regular attendance and completion of course work is expected. Attendance and participation are worth 5% of the total course grade. Classes are scheduled for **Tuesday's & Thursday's from 9:00-10:20 am**, attendance via Zoom or in-person are treated the same. Please have your Zoom name set to match your registered student name (otherwise you may not be marked as attending). Attending 80% or more of classes over the course will be considered "perfect attendance". Should a student attend fewer sessions, the attendance mark will be prorated.

If you will be unable to regularly attend/engage with classes for any reason (e.g., bandwidth/computer issues, work/family commitments, illness), please contact the instructor directly (aroebuck@yukonu.ca) to have the attendance mark shifted to the final exam.

NOTE: Exams will be held in-person during class time, and ALL students will be expected to participate in these assessments in-person. Please make a note of these dates and times now!

Module Assignments – 30%

In this class you will be expected to submit six short assignments on Moodle. Textbook readings will need to be completed independently as classes are designed to cover the most important material in each section. Module assignments will reinforce core concepts in this course and help you prepare for the exams. The module assignments should take around one hour to complete provided you have done the readings.

Assignments will include some multiple-choice questions (similar to what you will see on the midterms), fill in the blank, matching, and very short answer questions (1-3 lines). Short answer questions are not an assessment of your writing skill and point form is fine as long as I can understand it. All written answers should be your own work (e.g., not copied/pasted from a website, AI tool, or the course notes). The use of generative AI to write out/answer questions is **not** permitted (though you may use it to help understand material) and will result in a grade of zero. All information needed for the assignments can be found in www.yukonu.ca

the lecture notes, textbook, and/or assigned readings. Assignments will be available at least one week before they are due, and they will generally be due on Mondays @ 11:59 pm.

Some very important points for assignments:

- Life happens, everyone gets 1 free assignment extension, you DO NOT need to e-mail me, just submit it before the next assignment is due and there will be no penalty.
- Any additional late assignments will be assessed a flat penalty of 20%.
- Assignments 1-3 will **not** be accepted after the midterm exam.
- Lastly, if you complete all 6 assignments, late or otherwise, before the final exam, I will add a bonus to your lowest assignment grade. The point of these assignments is to encourage you to read and engage with the material, not to punish you when life/school gets stressful and busy.

Midterm Exam – 25%

During this course there will be one midterm exam worth 25% of your final grade. The midterm exam will be held **in-person at the Ayamdigut Campus on October 20 from 9:00-10:20 am**. The midterm exam will cover Chapters 1-5. The midterm consists of 60 marks from multiple choice, matching, fill in the blank, and labelling questions. Students will have 80 minutes to complete the assessment. Additional details regarding the midterm will be discussed in class.

Final Exam – 40%

The final exam for PSYC100 is scheduled for **Thursday December 10 from 9:00 am – 12:00 noon**. The final exam will be held **in-person at the Ayamdigut Campus**. The final exam will be identical in format to the midterm exam except that it is 100 marks. Students will have 180 minutes to complete the assessment. The final exam will be comprehensive, with 1/3 of questions coming from Chapters 1-5 and 2/3 of questions from Chapters 6-10. Additional details regarding the final exam will be discussed in class.

TEXTBOOKS & LEARNING MATERIALS

For Introductory Psychology (PSYC 100 and PSYC101) we will be using the open textbook: *Introduction to Psychology: Moving Towards Diversity and Inclusion*. You can download the textbook and find additional information here: <https://opentextbc.ca/psychologymtdi>. An open textbook is a textbook licensed under an open copyright license. It is available online and can be freely used by students, teachers, and members of the public. Print versions are available (made/shipped on demand) at cost here: <https://opentextbook.docsol.sfu.ca/store/product/introduction-to-psychology-mtdi/>. Additional materials and assignments will be posted to the course site (Moodle) throughout the term.

COURSE WITHDRAWAL INFORMATION

Students may officially withdraw from a course or program without academic penalty up until two-thirds of the course contact hours have been completed. Specific withdrawal dates vary, and students should become familiar with the withdrawal dates of their program. See withdrawal information at www.yukonu.ca/admissions/money-matters

Refer to the YukonU website for important dates: www.yukonu.ca/admissions/important-dates

ACADEMIC INTEGRITY

Students are expected to contribute toward a positive and supportive environment and are required to conduct themselves in a responsible manner. Academic misconduct includes all forms of academic dishonesty such as cheating, plagiarism, fabrication, fraud, deceit, using the work of others without their permission, aiding other students in committing academic offences, misrepresenting academic assignments prepared by others as one's own, or any other forms of academic dishonesty including falsification of any information on any Yukon University document. Please refer to Academic Regulations & Procedures (updated bi-annually) for further details about academic standing, and student rights and responsibilities: www.yukonu.ca/policies/academic-regulations

ACADEMIC ACCOMMODATION

Yukon University is committed to providing a positive, supportive, and barrier-free academic environment for all its students. Students experiencing barriers to full participation due to a visible or hidden disability (including hearing, vision, mobility, learning disability, mental health, chronic or temporary medical condition), should contact Accessibility Services for resources or to arrange academic accommodations: access@yukonu.ca.

TOPIC OUTLINE

Course: Sept 1 – Dec 10	PSYC 100 – Introduction to Psychology I
Introduction: Sept 1	Topic: <i>Introduction and Syllabus</i> To Do: Review Course Outline; Download textbook; Explore Moodle; Download Zoom, Start Reading Chapter 1. Class: Sept 1, 9:00 -10:20 am No Assignments or Exams
Module 1: Sept 1 – Sept 5	Topic: <i>Introduction</i> To Do: Read Chapter 1. Classes: Sept 3, 9:00 -10:20 am No Assignments or Exams
Module 2: Sept 6 – Sept 12	Topic: <i>History of Psychology</i> To Do: Read Chapter 2; Complete Assignment #1. Classes: Sept 8, Sept 10, 9:00 -10:20 am Assignment #1 Due Monday Sept 21 – Introduction/History of Psychology
Module 3: Sept 13 – Sept 19	Topic: <i>Psychological Science</i> To Do: Read Chapter 3; Complete Assignment #2. Classes: Sept 15, Sept 17, 9:00 -10:20 am Assignment #2 Due Monday Sept 28 – Psychological Science

Module 4: Sept 20 – Oct 3	Topic: <i>Biological Basis of Behaviour</i> To Do: Read Chapter 4; Complete Assignment #3. Classes: Sept 22, Sept 24, Sept 29, 9:00 -10:20 am Assignment #3 Due Monday Oct 5 – Biological Basis of Behaviour
Module 5: Sept 27 – Oct 24	Topic: <i>Sensation and Perception</i> To Do: Read Chapter 5. Classes: Oct 1, Oct 6, Oct 8, 9:00 -10:20 am No Assignments or Exams
Reading Week: Oct 11 – Oct 17	NO CLASSES THIS WEEK
Midterm Exam (Oct 20): 9:00 am - 10:20 am	Topic: <i>Midterm Exam</i> To Do: Midterm Exam; Treat yourself to something nice Midterm Exam Oct 20 (Chapters 1-5): During Class Time (9:00-10:20 am)
Module 6: Oct 18 – Oct 31	Topic: <i>States of Consciousness</i> To Do: Read Chapter 6; Complete Assignment #4. Classes: Oct 22, Oct 27, Oct 29, 9:00 -10:20 am Assignment #4 Due Monday Nov 9 – States of Consciousness
Module 7: Nov 1 – Nov 14	Topic: <i>Memory</i> To Do: Read Chapter 7 Classes: Nov 3, Nov 5, Nov 10, 9:00 -10:20 am No Assignments or Exams
Module 8: Nov 8 – Nov 21	Topic: <i>Learning</i> To Do: Read Chapter 8 Classes: Nov 10, Nov 12, Nov 17, 9:00 -10:20 am Assignment #5 Due Monday Nov 23 – Memory and Learning
Module 9: Nov 15 – Nov 28	Topic: <i>Cognition</i> To Do: Read Chapter 9; Complete Assignment #6. Classes: Nov 19, Nov 24, 9:00 -10:20 am Assignment #6 Due Monday Nov 30 – Cognition
Module 10: Nov 30 – Dec 10	Topic: <i>Thinking and Language</i> To Do: Read Chapter 10; Start Studying for your Final Exam. Classes: Nov 26, Dec 1, Dec 3, 9:00 -10:20 am No Assignments or Exams
Final Exam (Dec 10): 9:00 am -12:00 pm	Topic: <i>Final Exam</i> To Do: Final Exam Final Exam Thursday Dec 10, 9:00 am – 12:00 pm ~1/3 questions from Chapters 1-5, ~2/3 questions from Chapters 6-10