



COURSE OUTLINE

PHED 225 **Northern Outdoor Pursuits and Leadership II**

3 Credits

PREPARED BY: Gabor Gyorgy, Instructor

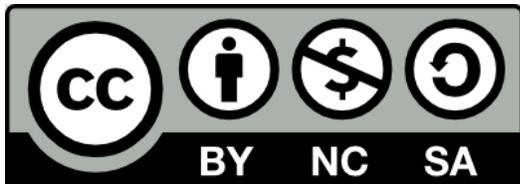
DATE: November 1, 2020

APPROVED BY: Andrew Richardson, Dean

DATE: November 1, 2020

APPROVED BY SENATE: Click or tap to enter a date

RENEWED BY SENATE: Click or tap to enter a date



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FINANCIAL ACCOUNTING 2

INSTRUCTOR:	Gabor Gyorgy	OFFICE HOURS:	
OFFICE LOCATION:	A2420	CLASSROOM:	Outdoors
E-MAIL:	ggyorgy@yukonu.ca	TIME:	9:00 – 4:00
		DATES:	Fridays, Jan. 8 th to Mar. 5 th

COURSE DESCRIPTION

This course will introduce participants to various winter outdoor pursuits, including hiking, cross country & downhill skiing, snowboarding, fat biking, winter survival, and winter camping. Instruction will focus on the principles of outdoor leadership, team building, decision making and risk management in a northern environment. Students will develop knowledge & skills for leading group activities in the northern outdoors.

PREREQUISITES

None

RELATED COURSE REQUIREMENTS

Physical Requirements

This course is an introduction to outdoor pursuits in the north and students are not required to have previous experience or skills in the course activities.

Due to the nature of the course activities however, students will experience physical challenges that can include, but are not limited to, moving up steep terrain, being out in the cold, and in changing weather conditions for multiple days. Embracing these

challenges with a positive spirit is critical to having a successful experience on this course.

EQUIVALENCY OR TRANSFERABILITY

TRU PHED 2xx0 (3) TRU-OL PHED 1xx1 (3)

TWU HKIN 126 (1) & TWU HKIN 136 (1) & TWU HKIN 137 (1)

UVIC EPHE 200 lev (1.5) VIU PHED 2nd (3)

For information about the transferability of this and other Liberal Arts courses go to <http://www.bctransferguide.ca/> or contact the Chair of Liberal Arts at Yukon College.

LEARNING OUTCOMES

Students will develop skills, and an understanding in/of:

- physical activities available in Northern winter outdoors including, cross country skiing, downhill skiing, snowboarding, snowshoeing, fat-biking, hiking and winter camping
- leadership roles, planning and responsibilities in outdoor settings
- personal leadership style and development
- psychology of team building, group dynamics and risk management
- winter survival and travel skills
- equipment and clothing requirements for winter activities
- environmental ethics & leave no trace in outdoor activities

COURSE FORMAT

Class is Fridays from 9:00 – 4:00. There is a mandatory weekend camping trip during the term. The schedule is subject to change due to weather conditions and availability of resources. Students should come to every class prepared to be outdoors, regardless of the weather or temperature.

ASSESSMENTS

Outdoor Program Management Assignment	25%
Self-Assessment	20%
Trip Report	15%
Presentation	15%
Engagement and Professionalism	25%
Total	100%

TEXT AND MATERIALS

There is no required textbook. However, readings will be assigned and provided by the instructor.

EQUIPMENT, TRANSPORTATION AND FIELD TRIPS

Students are expected to provide their own outdoor clothing and gear for all activities. Activity specific gear (such as skis, snowshoes, tents, camping gear etc) will be provided by Yukon University. Students are also expected to arrange their own personal transportation for activities in and around the Whitehorse area (e.g. Mount Mac Ski Centre, Fish Lake, Grey Mountain etc).

ACADEMIC AND STUDENT CONDUCT

Information on academic standing and student rights and responsibilities can be found in the current Academic Regulations that are posted on the Student Services/

Admissions & Registration web page.

PLAGIARISM

Plagiarism is a serious academic offence. Plagiarism occurs when students present the words of someone else as their own. Plagiarism can be the deliberate use of a whole piece of another person's writing, but more frequently it occurs when students fail to acknowledge and document sources from which they have taken material. Whenever the words, research or ideas of others are directly quoted or paraphrased, they must be documented according to an accepted manuscript style (e.g., APA, CSE, MLA, etc.). Resubmitting a paper which has previously received credit is also considered plagiarism. Students who plagiarize material for assignments will receive a mark of zero (F) on the assignment and may fail the course. Plagiarism may also result in dismissal from a program of study or the College.

YUKON FIRST NATIONS CORE COMPETENCY

Yukon University recognizes that a greater understanding and awareness of Yukon First Nations history, culture and journey towards self-determination will help to build positive relationships among all Yukon citizens. As a result, to graduate from ANY Yukon University program, you will be required to achieve core competency in knowledge of Yukon First Nations. For details, please see www.yukonu.ca/yfnccr

ACADEMIC ACCOMMODATION

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon College Academic Regulations (available on the Yukon University website). It is the student's responsibility to seek these accommodations. If a student requires an academic accommodation, they should contact the Learning Assistance Centre (LAC): lac@yukonu.ca

APPLIED ARTS DIVISION
PHED 225
Northern Outdoor Pursuits and Leadership II
3 Credits
Winter, 2021

CLASS SCHEDULE

Jan. 8	Course Introductions And Local hike	Instructor Led
Jan. 15	Local Hike	Student Led
Jan. 22	Nordic Skiing	Student Led
Jan. 29	Downhill Skiing	Student Led
Feb. 5	Snowboarding	Student Led
Feb. 12	Snowshoeing	Student Led
Feb. 19 - 21	Winter Camping	Instructor and Student Led