

 Yukon University	School of Health, Education and Human Services
	NURS 1202: Nursing Foundations 1
	Term: Fall 2026 Number of Credits: 3
Course Outline	

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COURSE DESCRIPTION

This course provides a foundation for the principles underlying nursing actions and decision-making required to plan and provide safe, holistic person-centered care to individuals requiring assistance with basic needs. Nursing competencies introduced in the classroom are practiced and assessed in the nursing laboratory.

Requisites: None
 Equivalents: None
 Credits: 3.0
 Hours: 45
 Eligible for PLAR: Yes

EQUIVALENCY OR TRANSFERABILITY

Receiving institutions determine course transferability. Find further information at:
<https://www.yukonu.ca/admissions/transfer-credit>

COURSE LEARNING OUTCOME(S)

1	Demonstrate how universal precautions and the application of safety measures control or prevent the transmission of microorganisms.
2	Demonstrate infection prevention and healing as it relates to skin integrity.
3	Explain how mobility, hygiene, nutrition, and elimination affect the health status of individuals in care.
4	Describe common diagnostic tests and assessment tools as they relate to the nursing process.

5	Explain how lifespan considerations relate to the nursing process and nursing practice.
6	Demonstrate safe practice and accountability while caring for simulated patients.

ASSESSMENT

Learning Outcome(s)	Assessment	Weight
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1,2,3,4,5,6	Lab Prep Work	5%
1,2,3,4,5,6	Case Study Assignment	15%
4,5	Documentation Assignment	5%
1,2,3,4,5,6	Lab Exam	25%
1,2,3,4,5,6	Written Mid-Term Exam	25%
1,2,3,4,5,6	Final Written Exam	25%

Important: For details on each assessment, please see the Course Offering Information.

A minimum grade of B is required to pass this course. However, a program may require a higher grade in this course to progress in the program or to meet specific program completion requirements.

An overall minimum final mark for this course must be **75%** to pass this course.

Please consult with the program area or contact the program chair for further details. A minimum Grade Point Average of 2.0 is required for graduation.

DELIVERY FORMAT

This course is delivered in-person with the possibility of synchronous video conferencing via Zoom. Note that the delivery format is subject to change.

COURSE MODULES AND SCHEDULE

**Course schedule subject to change, depending on delivery mode and term of study. For exact dates, please consult the Course Offering Information and other course documents in Moodle.*

HOURS/WEEK MODULE

5 Hours	Safety
5 Hours	Mobility & Immobility
5 Hours	Infection Control
5 Hours	Hygiene
8 Hours	Skin Integrity & Wound care
5 Hours	Nutrition
5 Hours	Urinary and Bowel Elimination
2 Hours	Diagnostics

COURSE WITHDRAWAL INFORMATION

Refer to the YukonU website for important dates

Required TEXTBOOKS & LEARNING MATERIALS

Potter, P. A., Perry, A. G., Stockert, P. A., Hall, M. J., Astle, B. J., & Duggleby, W. (Eds.). (2023). Canadian fundamentals of nursing (7th ed.) Elsevier Canada.

Additional learning resources may be found in the Course Offering Information or in Moodle.

ACADEMIC INTEGRITY

Students are expected to contribute toward a positive and supportive environment and are required to conduct themselves in a responsible manner. Academic misconduct includes all forms of academic dishonesty such as cheating, plagiarism, fabrication, fraud, deceit, using the work of others without their permission, aiding other students in committing academic offences, misrepresenting academic assignments prepared by others as one's own, or any other forms of academic dishonesty including falsification of any information on any Yukon University document.

Please refer to Academic Regulations & Procedures for further details about academic standing and student rights and responsibilities.

ACCESSIBILITY AND ACADEMIC ACCOMMODATION

Yukon University is committed to providing a positive, supportive, and barrier-free academic environment for all its students. Students experiencing barriers to full participation due to a visible or hidden disability (including hearing, vision, mobility, learning disability, mental health, chronic or temporary medical condition), should contact [Accessibility Services](#) for resources or to arrange academic accommodations: access@yukonu.ca.

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