



School of Health Education and Human Services

NURS 1201

ADULT HEALTH ASSESSMENT

Winter, 2022

3 credits



Course Outline

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COURSE DESCRIPTION

This course focuses on physical, psychosocial and cultural health assessment. Emphasis falls on differentiating normal from abnormal findings and the significance of the findings. A nursing lab component requires learners to demonstrate competence in physical health assessment.

COURSE REQUIREMENTS

Prerequisite(s):

ENGL100 Academic Writing and Critical Thinking

ELCC 125 Interpersonal Relationships and Communication Skills

ANAT1101 Anatomy and Physiology

NURS1101 Nursing Arts

NURS1202 Nursing Foundation 1

NURS1301 Mathematical Principles of Medication Administration

EQUIVALENCY OR TRANSFERABILITY

See Bow Valley College transferability information @ <https://bowvalleycollege.ca/student-resources/academic-services/transfer-credits>

LEARNING OUTCOMES

Upon successful completion of the course, students will be able to...

- Demonstrate complete and accurate assessments, including vital signs on simulated patients
- Distinguish between normal and abnormal physical and psychosocial assessment findings
- Communicate and document assessment findings using appropriate and accurate terminology
- Discuss how culture and diversity affect individual health assessments

COURSE FORMAT

Delivery format

This course will include a total of 45 hours of in-person sessions, on-line learning, videoconference classes, lab practice, and exams. A combination of synchronous (virtual real-time class meetings through Zoom and in-person sessions) and asynchronous (web-based via Moodle) learning activities are provided. Learning activities may include but are not limited to facilitator-led learning, projects, and on-line exercises.

ASSESSMENTS

COURSE LEARNING OUTCOME(S)	ASSESSMENT	WEIGHT
1, 2, 3, 4	Lab Assessment	35%
1, 2, 3, 4	Learning Activities	30%
2, 3, 4	Exam	35%

Important: For details on each assignment and exam, please see your Course Offering Information.

An overall minimum final mark for this course must be 75%, letter grade B, grade point value of 3.0 to pass this course. Please consult with your program area or contact your program chair for further details.

A minimum Grade Point Average of 2.0 is required for graduation.

GRADE	PERCENTAGE	GRADE POINT	DESCRIPTION
A+	95-100	4.0	Exceptional: superior knowledge of subject matter
A	90-94	4.0	Excellent: outstanding knowledge of subject matter
A-	85-89	3.67	
B+	80-84	3.33	
B	75-79	3.0	Very Good: knowledge of subject matter generally mastered
B-	70-74	2.67	
C+	67-69	2.33	
C	64-66	2.0	Satisfactory/Acceptable: knowledge of subject matter adequately mastered
C-	60-63	1.67	
D+	57-59	1.33	
D	50-56	1.0	Minimal Pass
F	Less than 50	0.0	Fail: an unsatisfactory performance

COURSE WITHDRAWAL INFORMATION

Refer to the YukonU website for important dates.

www.yukonu.ca

TEXTBOOKS & LEARNING MATERIALS

Jarvis, C., Browne, A.J., MacDonald-Jenkins, J., & Luctkar-Flude, M. (Eds.) (2019). *Physical examination & health assessment* (3rd Canadian edition). Elsevier Canada.

RELATED COURSE REQUIREMENTS

It is highly recommended that all students have access to a computer or other device and Internet to do their studies. The minimum specifications for a student device are as follows:

Requirement	Windows-based PC	Apple Mac/macOS-based PC
Operating System	Windows 10	macOS X
Web Browser	Firefox, Edge or Google Chrome	Firefox, Edge or Google Chrome
RAM/Memory	4 GB	4 GB
Storage	5 GB of available space	5 GB of available space

ACADEMIC INTEGRITY

Students are expected to contribute toward a positive and supportive environment and are required to conduct themselves in a responsible manner. Academic misconduct includes all forms of academic dishonesty such as cheating, plagiarism, fabrication, fraud, deceit, using the work of others without their permission, aiding other students in committing academic offences, misrepresenting academic assignments prepared by others as one's own, or any other forms of academic dishonesty including falsification of any information on any Yukon University document.

Please refer to Academic Regulations & Procedures for further details about academic standing and student rights and responsibilities.

ACADEMIC ACCOMMODATION

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon University Academic Regulations (available on the Yukon University website). It is the student's responsibility to seek these accommodations by contacting the Learning Assistance Centre (LAC): LearningAssistanceCentre@yukonu.ca.

TOPIC OUTLINE

Introduction to Adult Health Assessment

The Complete Health History

Mental Health Assessment, Substance Use, and Interpersonal Violence

General Survey, Measurement, and Vital Signs

Pain Assessment

Skin, Hair, and Nails Assessment

Head, Face, Neck, and EENT Assessment

Thorax and Lungs Assessment

Heart, Peripheral Vascular, and Lymphatic System Assessments

Abdomen, Anus, and Rectum Assessments

Musculoskeletal System Assessment

Neurological System Assessment

Genitourinary System Assessment

Complete Health Assessment

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