Yukon University	**School of Health, Education and Human Services**
	NURS 1201: Adult Health Assessment
	Term: Winter 2027 **Number of Credits: 3**
Course Outline	

INSTRUCTOR: Kiera Prout
E-MAIL: kprout@yukonu.ca

COURSE DESCRIPTION

Focus on physical, psychosocial and cultural health assessment of the adult population. Emphasis falls on differentiating normal from abnormal findings and the significance of the findings. A nursing lab component requires learners to demonstrate competence in adult health assessments.

Requisites:
Complete all of the following:

- Earn a minimum grade of C in each of the following courses
  ANAT1101 - Anatomy And Physiology (6)
  COMM1101 - Interpersonal Relationships And Communication Skills (3)
  ENGL1201 - English Composition (3)
  NURS1101 - Nursing Arts (3)
- Earn a minimum grade of B in each of the following courses
  NURS1202 - Nursing Foundations 1 (3)
- Earn a minimum grade of B+ in each of the following courses
  NURS1301 - Mathematical Principles of Medication Administration

Equivalents: None
Credits: 3
Hours: 45
Eligible for PLAR: Yes

EQUIVALENCY OR TRANSFERABILITY

Receiving institutions determine course transferability. Find further information at:
https://www.yukonu.ca/admissions/transfer-credit

COURSE LEARNING OUTCOME(S)

1	Demonstrate complete and accurate assessments, including vital signs on simulated patients
2	Distinguish between normal and abnormal physical and psychosocial assessment findings
3	Communicate and document assessment findings using appropriate and accurate terminology
4	Compare and contrast how culture and diversity affect individual's health assessments

ASSESSMENT

Course Learning Outcome(s)	Assessment	Weight
1,2,3,4	Lab Assessment (one)	25%
1,2,3,4	Learning Activities	40%
1,2,3	Exam	30%
2,3	Documentation Assignment	5%

Important: For details on each assessment, please see the Course Offering Information.

A minimum grade of D is required to pass this course. However, a program may require a higher grade in this course to progress in the program or to meet specific program completion requirements.

An overall minimum final mark for this course must be **75%** , letter grade B, grade point value of 3.0 to pass this course.

Please consult with the program area or contact the program chair for further details. A minimum Grade Point Average of 2.0 is required for graduation.

DELIVERY FORMAT

This course is delivered in-person with the possibility of some online learning activities. Note that the delivery format is subject to change.

COURSE MODULES AND SCHEDULE

**Course schedule subject to change, depending on delivery mode and term of study. For exact dates,*

please consult the Course Offering Information and other course documents in Moodle.

HOURS/WEEK	MODULE
3 Hours	Introduction to Adult Health Assessment
3 Hours	The Complete Health History
3 Hours	Mental Health Assessment, Substance Use, and Interpersonal Violence
6 Hours	General Survey, Measurement, and Vital Signs
3 Hours	Pain Assessment
3 Hours	Skin, Hair, and Nails Assessment
3 Hours	Head, Face, Neck, and EENT Assessment
3 Hours	Thorax and Lungs Assessment
3 Hours	Heart, Peripheral Vascular and Lymphatic System Assessments
3 Hours	Abdomen, Anus, and Rectum Assessments
3 Hours	Musculoskeletal System Assessment

3 Hours	Neurological System Assessment
3 Hours	Genitourinary System Assessment
3 Hours	Complete Health Assessment

COURSE WITHDRAWAL INFORMATION

Refer to the YukonU website for important dates

Required TEXTBOOKS & LEARNING MATERIALS

.

Jarvis, C., Browne, A.J., MacDonald-Jenkins, J., Luctkar-Flude, M. (Eds). (2023). Physical examination and health assessment (4th Canadian ed.). Elsevier. ISBN 978032387416

Additional learning resources may be found in the Course Offering Information or in Moodle

ACADEMIC INTEGRITY

Students are expected to contribute toward a positive and supportive environment and are required to conduct themselves in a responsible manner. Academic misconduct includes all forms of academic dishonesty such as cheating, plagiarism, fabrication, fraud, deceit, using the work of others without their permission, aiding other students in committing academic offences, misrepresenting academic assignments prepared by others as one's own, or any other forms of academic dishonesty including falsification of any information on any Yukon University document.

Please refer to Academic Regulations & Procedures for further details about academic standing and student rights and responsibilities.

ACCESSIBILITY AND ACADEMIC ACCOMMODATION

Yukon University is committed to providing a positive, supportive, and barrier-free academic environment for all its students. Students experiencing barriers to full participation due to a visible or hidden disability (including hearing, vision, mobility, learning disability, mental health, chronic or temporary medical condition), should contact Accessibility Services for resources or to arrange academic accommodations: access@yukonu.ca.

Copyright

Care has been taken to obtain copyright permission to reproduce this material. Any information that will enable Bow Valley College to obtain copyright clearance for any material not acknowledged would gladly be received by: Bow Valley College 345 6th Avenue SE Calgary AB T2G 4V1 Attn: Copyright Officer email: copyright@bowvalleycollege.ca

© Bow Valley College