



## School of Health Education & Human Services

HCA 150

Practicum: Home Care

Term: Winter (202502)

Number of Credits: 1

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### Course Outline

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**INSTRUCTOR:** Kelsey Watts RN

**E-MAIL:** kelsey.watts@yukonu.ca

**Practicum Orientation:** Friday Jan 9 (1300-1600) Orientation (A2712)

**Practicum shift Dates/Times:**

Thursday (0800-1600): Jan 15, 22, 29 / Feb 5, 12, 19, 26 / Mar 6, 12, 17, 19, 26

Friday (0800-1600): Mar 20, 27 & Tuesday: Mar 17, 31

PLUS: Varying dates between April : 2, 9, 10, 15, 16, 17, 20, 21, 22, 23, 24, 27 Consult practicum schedule regularly

Practicum shift times ~ 0800-1700 for day shifts/~ 1300-2100 for evening shifts (evening shifts are rare)

***Practicum shifts are off Site in Community Home Care Agency***

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*Acknowledging that we live and work in the traditional territory of the Kwanlin Dün First Nation and the Ta'an Kwäch'än Council.*

### COURSE DESCRIPTION

This course provides students with an opportunity to apply knowledge and skills from theory courses to working with individuals and families in a community setting. Opportunity will be provided for students to become more familiar with the role of the HCA within a Home Support Agency and gain abilities that will prepare graduates to assume the role of a Home Support Worker.

### COURSE REQUIREMENTS

Prerequisite(s): Admission to the HCA Program. Completion of ALL term 1 HCA courses. Should be in term 2 lab (HCA 141) concurrently.

Corequisite(s): Full-time enrollment in HCA program unless special permission provided by HCA Coordinator

### EQUIVALENCY OR TRANSFERABILITY

Receiving institutions determine course transferability. Find further information at:

<https://www.yukonu.ca/admissions/transfer-credit>

## LEARNING OUTCOMES

Upon successful completion of the course, students will be able to:

- provide person-centered care and assistance that recognizes and respects the uniqueness of each individual resident or client
- enhance/maintain client independence within the community and related to self-care needs
- use an informed problem-solving approach to provide care and assistance that promotes the physical, psychological, social, cognitive and spiritual well-being of clients and families
- provide care and assistance for clients experiencing complex health challenges
- provide care and assistance for clients experiencing cognitive and/or mental health challenges
- interact with other members of the health care team in ways that contribute to effective working relationships and achievement of goals
- communicate clearly, accurately and in sensitive ways with clients and families within a variety of contexts
- provide personal care and assistance in a safe, competent and organized manner
- recognize and respond to their own self-development, learning and health enhancement needs
- perform the care-giver role in a reflective, responsible, accountable and professional manner.

## COURSE FORMAT

This course takes place in a work setting and involves the application of theory to practice. Practicum will occur in selected "Home Care" agencies and/or related community settings. These work experiences will be variable in length and time and occur on various days during the week. Each student must complete 60 hours (minimum) of practicum. Practicum time may include learning in lab/simulations setting when appropriate.

## EVALUATION

Participation	See below
Assignments: <ul style="list-style-type: none"><li>• Reflective work sheets</li><li>• Case Study &amp; Workplan</li><li>• Student Skills Log Booklet</li></ul>	See below
Instructor Evaluation	See below
HSW Buddy Feedback	See below
Total	<b>Pass/Fail</b>

## ASSESSMENTS

The course is graded as Pass/Fail

**All evaluative components for this course are mandatory and must have a passing grade** (usually a minimum of 50%) Or Pass grade indicated for each component in order to receive a passing grade. All components must be completed as per assigned due dates (TBD) and/or **within ONE week** of completing practicum shifts

## Attendance & Participation

Regular attendance for practicum and any lab/classroom sessions is essential for successful completion of this course: Please refer to Student Handbook (Info for Practicum section) and other HCA 150 handouts, for details on attendance and other requirements. *Note: there are LIMITED dates to make-up missed practicum shifts.*

**Students must complete 60 hrs during this practicum to successfully complete this course.**

## Reflective Workbook

- Students will complete a reflective workbook comprised of regular reflective reports (Daily Reflections) that identify significant learning and insights into practice.

## Client Case Study and Work Plan

- Students will complete a comprehensive case study and work plan to assist a chosen client with home support needs.

**Student Skills Log Booklet** Students will maintain an up-to-date skills summary booklet (the same one used for HCA 140, 141, 160) to document progress and competency throughout their practicum.

## HSW Buddy Feedback

Home Care staff (Home Support Workers) are buddied with students and will give verbal and written feedback to staff on your performance related to practicing of skills and professionalism. Buddies complete these in confidence; you are NOT permitted access to these forms. HSW will also give verbal feedback to the practicum instructor

## Instructor Evaluations

Instructors evaluate student progress using a variety of methods i.e. staff feedback /meetings with students.

## COURSE WITHDRAWAL INFORMATION

Refer to the YukonU website for important dates. <https://www.yukonu.ca/admissions/important-dates>

**March 5, 2026** is the last day to withdraw or change to audit from credit courses without academic penalty.

## TEXTBOOKS & LEARNING MATERIALS

Wilk, M. J. (2022) Sorrentino's Canadian Textbook for the Support Worker 5<sup>th</sup> ed. Elsevier, Toronto

Wilk, M/Sekhon, N./Sorrentino, S./Remmert, L./Kelly,R. (2022) Workbook to Accompany Sorrentino's Canadian Textbook for the Support Worker 5<sup>th</sup> ed. Elsevier, Toronto

Worksafe BC Back Talk. An Owner's Manual for Backs (See PDF on HCA Program Moodle Page)

Worksafe BC Home and Community Health Worker Handbook. (See PDF on HCA Program Moodle Page)

Terminology reference online: <https://www.dmu.edu/medterms/>

## **ACADEMIC INTEGRITY**

Students are expected to contribute toward a positive and supportive environment and are required to conduct themselves in a responsible manner. Academic misconduct includes all forms of academic dishonesty such as cheating, plagiarism, fabrication, fraud, deceit, using the work of others without their permission, aiding other students in committing academic offences, misrepresenting academic assignments prepared by others as one's own, or any other forms of academic dishonesty including falsification of any information on any Yukon University document. Please refer to Academic Regulations & Procedures for further details about academic standing and student rights and responsibilities.

## **ACCESSIBILITY AND ACADEMIC ACCOMMODATION**

Yukon University is committed to providing a positive, supportive, and barrier-free academic environment for all its students. Students experiencing barriers to full participation due to a visible or hidden disability (including hearing, vision, mobility, learning disability, mental health, chronic or temporary medical condition), should contact Accessibility Services for resources or to arrange academic accommodations: [access@yukonu.ca](mailto:access@yukonu.ca).

**TOPIC OUTLINE:** None (Application of Skills learned in HCA labs and theory classes)

## **Indigenous Knowledge/Perspectives**

- Prior to practicum HCA students attend a full day 'Residential Schools and Caregiver' Workshop. This is focused on what students should know (historically and in current context) so they consider how they might approach care at the bedside in a more culturally safe manner
- Practicum instructors connect to First Nations Liaison staff in Continuing Care (as needed) to speak to HCA students during their practicum