

APPLIED ARTS DIVISION
School of Liberal Arts
Fall, 2015



COURSE OUTLINE

PSYC 100-ONLINE

INTRODUCTION TO PSYCHOLOGY

**45 HOURS
3 CREDITS**

PREPARED BY: James McClelland DATE: May 26, 2015

APPROVED BY: DATE:

APPROVED BY ACADEMIC COUNCIL: (date)

RENEWED BY ACADEMIC COUNCIL: (date)

APPLIED ARTS DIVISION
Introduction to Psychology (ONLINE)
3 Credit Course
Fall Term, 2015

INTRODUCTION TO PSYCHOLOGY 100

INSTRUCTOR: R. James McClelland, Ph.D.

OFFICE HOURS: Tu/Th 2:30 -3:30

OFFICE LOCATION: A2911A

CONFERENCE CALL: 1-866-428-1156

Passcode 656853

E-MAIL: jmcclelland@yukoncollege.yk.ca

TIME: Conference Call Tuesdays
7:00-8:00 p.m.

Mid-Term Exam Rm A2206

October 26th 9:00-10:30 a.m.

Final Exam Rm A2206

(Will be same date and time as
PSYC 100 face-to-face - T.B.A.)

TELEPHONE: (867) 668-8867

DATES: September 1st - December 18th

COURSE DESCRIPTION

Introductory Psychology 100 and 101 are survey courses of all of the major content areas of Psychology: basic research methodology and current research in the various subject areas, and the basic knowledge and major theories of the field. Psychology 100 (Online) provides an overview of the following areas of psychology: history of psychology, research methods; biological basis of behaviour, sensation and perceptual processes; variations in consciousness, learning, human memory, and language and thought. Psychology 101 continues the survey of the field with explorations of psychological assessment, motivation and emotions, human development, personality theory, stress and health, psychopathology, therapy, and social psychology.

PREREQUISITES

None

EQUIVALENCY OR TRANSFERABILITY

AU PSYC 289 (3)

CAMO PSYC 110 (3)

CAPU PSYC 100 (3)

KWAN PSYC 1100 (3)

NIC PSY 130 (3)

OC PSYC 111 (3)

SFU PSYC 1xx (3) ; YUKO PSYC 100 & YUKO PSYC 101 = SFU PSYC 100 (3) - B - Soc & SFU PSYC 102 (3) - B Soc
TRU PSYC 1110 (3) TRU-OL PSYC 1111 (3) TWU PSYC 105 (3)
UBC PSYC 1st (3). YUKO PSYC 100 & YUKO PSYC 101 = UBC PSYC 100 (6).
UBCO YUKO PSYC 100 & YUKO PSYC 101 = UBCO PSYO 111 (3) & UBCO PSYO 121 (3)
UFV PSYC 101 (3) UNBC PSYC 101 (3) UVIC PSYC 100 A (1.5)
VIU PSYC 111 (3) UAF PSYC 101 (3) UAS PSYC 101 (3)
UR PSYC 100 (3)

LEARNING OUTCOMES

Upon successful completion of the course, which includes timely submission of *all* assignments, students will:

- demonstrate an understanding of basic psychological terminology and explain important features of major psychological concepts and theories
- develop an understanding of basic theories and research methods in psychology
- critically analyze information about human behavior and distinguish between conclusions supported by scientific evidence and conclusions based on nonscientific ways of knowing
- demonstrate applied psychology research skills

COURSE FORMAT

This is an online course. You must have access to a computer, reliable Internet service, and telephone for Tuesday's conference calls. The course will consist of reading the first eight chapters in the electronic textbook, conference call connect time, two multiple choice exams taken at the college, and the completion of the MindTrap supplementary materials.

COURSE REQUIREMENTS

Attendance/Participation

Students are expected to keep up with the readings using the syllabus as a guide, complete all MindTrap assignments in a timely fashion around the dates indicated in the syllabus, and critically analyze the material presented in the course. They are also expected to attend the weekly evening conference call to discuss the concepts assigned for that week and deal with any questions or concerns.

Assignments

All assignments must be completed before December 18th. No assignments will be accepted after December 18th.

Examinations

There will be an exam following the completion of the first four chapters and another after the second four chapters. The first multiple choice test will be on chapters 1 through 4 and is scheduled for Monday, October 26th in room A2206 between 9:00 a.m. and 10:30 a.m. The second required exam covers chapters 5 through 8 and will be at the date, time, and place to be scheduled for the face-to-face Fall term of Introduction to Psychology 100. The exam schedule for this class will lie sometime between the 7th and 18th of December (Final Exam period). Students in Psychology 100 (Online) must be prepared to write their final exam at Yukon College during this announced time. Final exam schedules for courses offered at Yukon College generally are formally announced approximately two weeks before the last scheduled face-to-face class on the 4th of December. Students must make arrangements to write both their October and December exam at the scheduled time at Yukon College. Students residing outside Whitehorse should check with the Instructor (Dr. James McClelland, 668-8867) or the Chair of Liberal Arts (Dr. Victoria, Castilo 456-8615) before signing up for the course if they will require alternate online test administration arrangements. Students requiring alternative testing administration must arrange for an appropriate proctor. The Proctor must be approved by the Chair of Liberal Arts. The arrangements for alternative online test administration must be completed by September 25, 2015.

EVALUATION

Attendance/Participation

10%

Regular attendance is expected for the conference call scheduled on Tuesdays 7:00 p.m. until 8:00 p.m. Participation is evaluated through completion of the MindTrap exercises including the pre-test and study tool assignments (multiple choice, true/false, fill in the blank, video and power visuals). Missed conference calls and incomplete MindTrap assignments will result in a reduction of the Attendance/Participation mark.

Two Unit Exams

Due: October 26th and sometime between
December 7th and 18th)

40%

Two multiple choice exams are scheduled for this course. One will be on Monday, October, 26th on chapters 1, 2, 3, and 4 in Room A2206 from 9:00 a.m. until 10:30 a.m. The other will be sometime during Yukon College's Final Exam period, December 7th to 18th. The second exam will cover chapters 5, 6, 7, and 8 and will occur when and where the face-to-face class of Introduction to Psychology 100 will be writing their final exam. Both multiple choice exams are valued at 20% each with the combined total contributing 40% towards the final grade in the course.

Aplia Assignment from MindTrap

30%

Aplia assignments are meant to enhance engagement and promote critical analysis of key ideas in the chapter. Students are expected to complete all Aplia assignments for each of the eight chapters.

Post-Tests (Chapter 1 through 8) from MindTrap

20%

Students are expected to complete all Post-Test exams for each of the eight chapters.

Note: The Aplia Assignments and Post-Tests exams will be reported in the Mindtrap gradebook out of a total of 100%. To determine your final mark for Introduction to Psychology 100 (Online) divide your MindTrap mark by two for the 50% weighting in this course and add your two Yukon College exam scores (October 26th exam 20% and December TBA exam 20%) and your attendance and participation mark (10%) to equal 100% of your Final Grade. (i.e. 50% MindTrap + 20% Exam one + 20% Exam two + 10% Attendance/Participation = 100%)

All evaluative components for this course are compulsory, and must be completed in order to pass the course

EVALUATION

Attendance and Participation	10%
Two Unit Exams	40%
Aplia Assignment from MindTrap	30%
Post-tests (Chapter 1 - 8) from MindTrap	20%
Total	100%

REQUIRED TEXTBOOKS AND MATERIALS

ONLINE BOOK: Weiten, W., & McCann, D. (2016). *Psychology: Themes and Variations, (Fourth ed.)*. Cengage Learning, Toronto: Nelson Education. Purchase MINDTRAP ISBN 9780176598211 which provides the electronic textbook and access to MINDTRAP resources. Students will register in course MTPN-512P-3NZG.

LORENE ROBERTSON WRITING CENTRE

All students are encouraged to make the Lorene Robertson Writing Centre a regular

part of the writing process for coursework. Located in Room C2211 (in the College Library), the Writing Centre offers writing coaching sessions to students of all writing abilities. For further information or to book an appointment, visit the Centre's website: [dl1.yukoncollege.yk.ca/Writing Centre](http://dl1.yukoncollege.yk.ca/Writing_Centre). At the instructor's discretion, students may be required to attend Writing Centre coaching sessions during the composition process of their paper(s) as a condition of assignment completion. At the instructor's discretion, students may be required to attend Writing Centre.

ACADEMIC AND STUDENT CONDUCT

Information on academic standing and student rights and responsibilities can be found in the Academic Regulations:
http://www.yukoncollege.yk.ca/downloads/Yukon_College_Academic_Regulations_and_Procedures_-_August_2013_final_v1.pdf

PLAGIARISM

Plagiarism is a serious academic offence. Plagiarism occurs when students present the words of someone else as their own. Plagiarism can be the deliberate use of a whole piece of another person's writing, but more frequently it occurs when students fail to acknowledge and document sources from which they have taken material. Whenever the words, research or ideas of others are directly quoted or paraphrased, they must be documented according to an accepted manuscript style (e.g., APA, CSE, MLA, etc.). Resubmitting a paper which has previously received credit is also considered plagiarism. Students who plagiarize material for assignments will receive a mark of zero (F) on the assignment and may fail the course. Plagiarism may also result in dismissal from a program of study or the College.

YUKON FIRST NATIONS CORE COMPETENCY

Yukon College recognizes that a greater understanding and awareness of Yukon First Nations history, culture and journey towards self-determination will help to build positive relationships among all Yukon citizens. As a result, to graduate from ANY Yukon College program, you will be required to achieve core competency in knowledge of Yukon First Nations. For details, please see www.yukoncollege.yk.ca/yfnccr.

ACADEMIC ACCOMMODATION

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon College Academic Regulations

(available on the Yukon College website). It is the student's responsibility to seek these accommodations. If a student requires an academic accommodation, he/she should contact the Learning Assistance Centre (LAC) at (867) 668-8785 or lassist@yukoncollege.yk.ca.

TOPIC OUTLINE

PSYC 101 (Online) - Fall 2015 - Syllabus

Dr. R. James McClelland

Note:

- All scheduled readings must be done ahead of time.

Week One and Two September 7 through September 12

- WELCOME
 - Read through course outline and syllabus
 - Review assignments/presentation
 - Look through textbook and MINDTRAP supplemental materials
- THE EVOLUTION OF PSYCHOLOGY (CHAPTER 1)
 - From speculation to Science: How psychology developed
 - Illustrated overview of psychology's history
 - Psychology today: Vigorous and diversified
 - Putting it in perspective: Seven key themes
 - Chapter review
- COMPLETION OF MINDTRAP: CHAPTER 1 - PRE-TEST, MULTIPLE CHOICE, TRUE/FALSE, FILL IN THE BLANK (FOR PARTICIPATION MARKS)
- COMPLETION OF MINDTRAP: CHAPTER 1 - POST-TEST AND APLIA ASSIGNMENT (FOR GRADING)

Week Three and Four September 13 through September 26

- THE RESEARCH ENTERPRISE IN PSYCHOLOGY (CHAPTER 2)
 - The scientific approach to behaviour
 - Looking for causes: Experimental research
 - Looking for links: Descriptive/correlational research
 - Looking for conclusions: Statistics and research
 - An illustrated overview of key research methods in psychology
 - Looking for flaws: Evaluating research
 - Looking at ethics: Do the ends justify the means?
 - Putting it in perspective: Themes 1 and 7
- CONFERENCE CALL SEPTEMBER 15TH & SEPTEMBER 22ND PHONE 1-866-428-1156 Passcode 656853
- COMPLETION OF MINDTRAP: CHAPTER 2 - PRE-TEST, MULTIPLE CHOICE, TRUE/FALSE, FILL IN THE BLANK FOR (PARTICIPATION MARKS)
- COMPLETION OF MINDTRAP: CHAPTER 2 - POST-TEST AND APLIA ASSIGNMENT (FOR GRADING)

Week Five and Six September 27 through October 10

- THE BIOLOGICAL BASES OF BEHAVIOUR (CHAPTER 3)
 - Communication in the nervous system

- Organization of the nervous system
- Looking inside the brain: Research methods
- The brain and behaviour
- Right brain/left brain: Cerebral laterality
- The endocrine system: Another way to communicate
- Heredity and behaviour: Is it all in the genes?
- The evolutionary bases of behaviour
- Putting it in perspective: Themes 1, 4, and 6
- Chapter review
- CONFERENCE CALL SEPTEMBER 29TH & OCTOBER 6TH PHONE 1-866-428-1156 Passcode 656853
- COMPLETION OF MINDTRAP: CHAPTER 3 - PRE-TEST, MULTIPLE CHOICE; TRUE/FALSE; FILL IN THE BLANK; VIDEOS: DECODING THE BRAIN AND MIRROR NEURONS (FOR PARTICIPATION MARKS)
- COMPLETION OF MINDTRAP: CHAPTER 3 - POST-TEST AND APLIA ASSIGNMENT (FOR GRADING)

Week Seven and Eight October 11 through October 24

- SENSATION AND PERCEPTION (CHAPTER 4)
 - Psychophysics: Basic concepts and issues
 - Our sense of sight: The visual system
 - The visual system: Perceptual processes
 - Our sense of hearing: The auditory system
 - Our chemical senses: Taste and smell
 - Our sense of touch: Sensory systems in the skin
 - Our other senses
 - Putting it in perspective: Themes 2, 5, and 7
 - An illustrated overview of five major senses
 - Chapter review
- CONFERENCE CALL OCTOBER 13TH & OCTOBER 20TH PHONE 1-866-428-1156 Passcode 656853
- COMPLETION OF MINDTRAP: CHAPTER 4 - PRE-TEST, MULTIPLE CHOICE; TRUE/FALSE; FILL IN THE BLANK; VIDEO: THE AMES ROOM; AND POWER VISUALS: HUMAN SKIN, THE HUMAN EYE, THE HUMAN EAR, TONGUE AND TASTE, AND THE OLFACTORY SYSTEM FOR PARTICIPATION MARKS
- COMPLETION OF MINDTRAP: CHAPTER 4 - POST-TEST AND APLIA ASSIGNMENT FOR GRADING
- **NOTE: MID-TERM EXAM COMING IN WEEK NINE (OCTOBER 26 AT THE COLLEGE)**

Week Nine and Ten October 25 through November 7

- **MID TERM EXAM - CHAPTERS 1 THROUGH 4 (OCTOBER 26 AT THE COLLEGE ROOM A2206 FROM 9:00 A.M. UNTIL 10:30 A.M.)**
- VARIATIONS IN CONSCIOUSNESS (CHAPTER 5)

- The nature of consciousness
- Biological rhythms and sleep
- The sleep and waking cycle
- The world of dreams
- Hypnosis: Altered consciousness or role playing?
- Meditations: Pure consciousness or relaxation?
- Altering consciousness with drugs
- Putting it in perspective: Themes 2, 3, 5, and 7
- Chapter review
- CONFERENCE CALL OCTOBER 27TH & NOVEMBER 3RD PHONE 1-866-428-1156 Passcode 656853
- COMPLETION OF MINDTRAP: CHAPTER 5 - PRE-TEST, MULTIPLE CHOICE, TRUE/FALSE, FILL IN THE BLANK (FOR PARTICIPATION MARKS)
- COMPLETION OF MINDTRAP: CHAPTER 5 - POST-TEST AND APLIA ASSIGNMENT (FOR GRADING)

Week Eleven and Twelve November 8 through November 21

- LEARNING (CHAPTER 6)
 - Classical conditioning
 - Operant conditioning
 - Observational learning
 - An illustrated overview of three types of learning
 - Putting it in perspective: Themes 3 and 6
 - Chapter review
- CONFERENCE CALL NOVEMBER 10TH & NOVEMBER 17TH PHONE 1-866-428-1156 Passcode 656853
- COMPLETION OF MINDTRAP: CHAPTER 6 -PRE-TEST, MULTIPLE CHOICE, TRUE/FALSE, FILL IN THE BLANK (FOR PARTICIPATION MARKS)
- COMPLETION OF MINDTRAP: CHAPTERS 6 -POST-TEST AND APLIA ASSIGNMENT (FOR GRADING)

Week Thirteen and Fourteen November 22 through December 5

- HUMAN MEMORY (CHAPTER 7)
 - Encoding: Getting information into memory
 - Storage: Maintaining information in memory
 - Retrieval: Getting information out of memory
 - Forgetting: When memory lapses
 - In search of the memory trace: The physiology of memory
 - Systems and types of memory
 - Putting it in perspective: Themes 2, 4, and 7
 - Chapter review

- CONFERENCE CALL NOVEMBER 24TH & DECEMBER 1ST PHONE 1-866-428-1156 Passcode 656853
- COMPLETION OF MINDTRAP: CHAPTER 7 -PRE-TEST, MULTIPLE CHOICE, TRUE/FALSE, FILL IN THE BLANK (FOR PARTICIPATION MARKS)
- COMPLETION OF MINDTRAP: CHAPTERS 7 -POST-TEST AND APLIA ASSIGNMENT (FOR GRADING)

Week Fifteen and Sixteen December 6 through December 18

- LANGUAGE AND THOUGHT (CHAPTER 8)
 - Language: Turning thoughts into words
 - Problem solving: In search of solutions
 - Decision making: Choices and chances
 - Putting it in perspective: Themes 1, 5, 6, and 7
 - Chapter review
- CONFERENCE CALL DECEMBER 8TH & DECEMBER 15TH PHONE 1-866-428-1156 Passcode 656853
- COMPLETION OF MINDTRAP: CHAPTER 8 -PRE-TEST, MULTIPLE CHOICE, TRUE/FALSE, FILL IN THE BLANK, VIDEO: EARLY CHILDHOOD LANGUAGE DEVELOPMENT (FOR PARTICIPATION MARKS)
- COMPLETION OF MINDTRAP: CHAPTERS 8 -POST-TEST AND APLIA ASSIGNMENT (FOR GRADING)
- **FINAL EXAM - CHAPTERS 5 THROUGH 8 (TBA WITH PYSC 100 AT THE COLLEGE)**
- END OF COURSE (NO ASSIGNMENTS OR TESTS ARE ACCEPTED AFTER DECEMBER 18TH)